On Her Mind

級數: Improver

編舞者: Yvonne van Baalen (NL)

音樂: Abilene On Her Mind - Buddy Jewell

RIGHT SIDE ROCK STEP, CROSS, HOLD, LEFT SIDE ROCK STEP, CROSS, HOLD

- 1-4 Step to the right side, recover on left, cross right in front of left foot, hold
- 5-8 Step to the left side, recover on right, cross left in front of right foot, hold

VINE WITH ¼ TURN RIGHT, HOLD, STEP ½ TURN STEP, HOLD

- 9-12 Step to the right side, cross left behind right, step 1/4 right with right foot, hold
- 13-16 Left step forward, turn ½ right, left step forward, hold

RIGHT MAMBO FORWARD, HOLD, LEFT MAMBO BACKWARD, HOLD

- 17-20 Step forward on right, recover on left, step back on right, hold
- 21-24 Step back on left, recover on right, step left forward, hold

RIGHT STEP-LOCK-STEP, SCUFF, LEFT STEP-LOCK-STEP, SCUFF

- 25-26 Step on right diagonal forward, cross left behind right
- 27-28 Step on right diagonal forward, scuff with left feet forward
- 29-30 Step on left diagonal forward, cross right behind left
- 31-32 Step on left diagonal forward, scuff with right feet forward

JAZZ-BOX 1/2 TURN RIGHT TWICE

- 33-35 Cross right in front of left feet, step back on left
- 35-36 Step ¼ side right, step left forward
- 37-38 Cross right in front of left feet, step back on left
- 39-40 Step ¼ side right, step left forward

REPEAT





拍數: 40

牆數:4