

On A Roll

拍數: 64 牆數: 2 級數: Improver
編舞者: Joanne Harris (UK)
音樂: Rosie's On a Roll - Shane Worley



GRAPEVINE RIGHT, CROSS, SIDE ROCK RECOVER ¼ TURN, STEP TOGETHER

1-2 Step right to right side, step left behind right
3-4 Step right to right side, cross left over right
5-6 Rock right to right side, recover left making ¼ turn left
7-8 Step forward right, step left together

CROSS, SIDE, ROCK RECOVER, GRAPEVINE ¼ TURN, STEP

1-2 Cross right over left, step left to left side
3-4 Rock back onto right, recover on to left
5-6 Step right to right side, step left behind right
7-8 Step right making a ¼ turn to the right, step left together

KICK, KICK, ROCK RECOVER, SIDE POINT, CROSS SIDE POINT

1-2 Kick right foot forward twice
3-4 Rock back onto right, recover onto left
5-6 Point right foot to right side, cross right over left
7-8 Point left to left side, cross left over right foot

¼ TURN, HEEL, TOE, HEEL, CLAP, HEEL, TOE, HEEL, CLAP

1-2 Making ¼ turn right twist heels to the left, toes to the left
3-4 Then heels to the left. Clap
5-6 Twist heel right, toes right
7-8 Heels right, clap

ROCK RECOVER, ½ TURN, BACK HITCH, BACK HITCH, STOMP, STOMP

1-2 Rock back onto left, recover onto right
3-4 On ball of right foot make a ½ turn to the right stepping back onto left, hitch right foot
5-6 Step back onto right, hitch left foot
7-8 Stomp left foot then right

SIDE STEP, TWIST, ROCK BACK, STEP TOGETHER

1-2 Step left to left side, step right beside left
3-4 Twist heels to left then back to center
5-6 Rock back onto right, recover onto left
7-8 Step forward on right, step left together

SIDE ROCK, CROSS, ¾ TURN, SIDE ROCK CROSS, SIDE ROCK TOGETHER

1-2 Rock right to right side, recover onto left
3-4 Cross right over left, hold
5-6 Step onto left making a ¼ turn right, on ball of left make ½ turn to right
7-8 Step forward on left, hold

SIDE ROCK CROSS, HOLD, SIDE ROCK TOGETHER, HOLD

1-2 Rock right to right side, recover onto left
3-4 Cross right over left, hold
5-6 Rock left to left side, recover onto right

7-8

Step left next to right, hold

REPEAT
