

# On A Promise

**COPPER KNOB**  
BY STEPHEN

拍數: 64      牆數: 4      級數: Improver  
編舞者: Gaye Teather (UK)  
音樂: Love on Arrival - Dan Seals



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## RIGHT SIDE ROCK, BACK ROCK, SIDE ROCK, CROSS, HOLD

1-4      Rock right foot to right side, recover onto left, rock back on right, recover onto left  
5-8      Rock right foot to right side, recover onto left, cross step right over left, hold

## LEFT SIDE ROCK, BACK ROCK, SIDE ROCK, CROSS, HOLD

9-12      Rock left foot to left side, recover onto right, rock back on left, recover onto right  
13-16      Rock left foot to left side, recover onto right, cross step left over right, hold

## RIGHT VINE, ½ TURN RIGHT, HITCH, SIDE-TOGETHER-FORWARD, HOLD

17-20      Step right to right side, cross left behind right, step right to right, on ball of right foot pivot ½  
turn right, hitching left foot  
21-24      Step left foot to left, close right beside left, step forward on left, hold

## RIGHT VINE, ½ TURN RIGHT, HITCH, SIDE-TOGETHER-FORWARD, HOLD

25-32      Repeat steps 17-24

## RIGHT ROCKS FORWARD AND BACK, RIGHT LOCK FORWARD, HOLD

33-36      Rock forward on right, recover onto left, rock back on right, recover onto left (right rocking  
chair)  
37-40      Step forward on right, lock left behind right, step forward on right, hold

## LEFT ROCKS FORWARD AND BACK, LEFT LOCK FORWARD, HOLD

41-44      Rock forward on left, recover onto right, rock back on left, recover onto right (left rocking  
chair)  
45-48      Step forward on left, lock right behind left, step forward on left, hold

## STEP, ½ TURN STEP, HOLD, LEFT SIDE ROCK, CROSS, HOLD

49-52      Step forward on right, pivot ½ turn left, step forward on right, hold  
53-56      Rock left to left side, recover onto right, cross step left over right, hold

## RIGHT SIDE ROCK CROSS, HOLD, COASTER ¼ TURN RIGHT, HOLD

57-60      Rock right to right side, recover onto left, cross step right over left, hold  
61-64      Make ¼ turn right stepping back on left, close right beside left, step forward on left, hold

**REPEAT**

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