

Ole'

拍數: 32 牆數: 4 級數:
編舞者: Norman Gifford (USA)
音樂: Olé - Azúcar Moreno



MAMBO STEPS, MAMBO CROSS, REPLACE, SIDE SHUFFLE

1&2 Right rock forward; recover on left; right together
3&4 Left rock back; recover on right; left together
5&6& Right rock side; recover on left; right crossover; recover on left
7&8 Right step side; left together; right step side

MAMBO STEPS, MAMBO CROSS, REPLACE, SIDE SHUFFLE

1-8 Repeat previous eight counts to opposite side

MAMBO STEP, ¾ TURNING FORWARD COASTER, FORWARD LOCK STEPS

1&2 Right rock forward; left together; right step side (3rd position)
3&4 Left step forward; right step forward turning ½ right; left step forward
5&6 Right lock step forward (right-left-right)
7&8 Left lock step forward (left-right-left)

ROCK STEP TURNING ½ RIGHT, LOCK STEP, PIVOT TURN ½ RIGHT, LOCK STEP

1-2 Right rock forward; recover on left turning ½ right
3&4 Right lock step forward (right-left-right)
5-6 Left step forward pivot turning ½ right
7&8 Left lock step forward (left-right-left)

REPEAT
