

# Ole

拍數: 32      牆數: 4      級數: Intermediate  
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音樂: Olé Olé - 11:30



## SLAP, SLAP, BUMP-LOOK, BUMP-LOOK, KICK, KICK, SAILOR SHUFFLE

Start with feet shoulder width apart

- 1            Slap your right hip and hold your hand in place
- 2            Slap your left hip and hold your hand in place
- 3            Bump your hips to the right and look to the right
- 4            Bump your hips to the left and look to the left (you can move your hands now)
- 5-6        Kick right forward, kick right to the right side
- 7&8        Step right behind left, step left to left side, step right next to left

## LEFT MONTEREY TURN, MASHED POTATOES BACK

- 1-2        Touch left to left side, bring left home while making  $\frac{1}{2}$  turn left
- 3-4        Touch right to right side, touch right next to left
- &5        Lift right foot slightly off floor and turn both toes in (heels out), step back onto right foot as you turn both toes out (heels in)
- &6        Lift left foot slightly off floor and turn both toes in (heels out), step back onto left foot as you turn both toes out (heels in)
- &7        Lift right foot slightly off floor and turn both toes in (heels out), step back onto right foot as you turn both toes out (heels in)
- &8        Lift left foot slightly off floor and turn both toes in (heels out), touch left foot next to right as you turn both toes forward

## SIDE STEPS, SIDE CHA-CHA LEFT, JAZZ BOX $\frac{1}{4}$ TURN TO RIGHT

- 1-2        Step left to left side, step right next to left
- 3&4        Step left to left side, step right next to left, step left to left side
- 5-6        Step right over left, step left back
- 7-8        Step right to the right side while making  $\frac{1}{4}$  turn right, touch left next to right

## FULL TURN WITH ARMS UP, SNAP, PUNCH, PUNCH, PUNCH, PUNCH

For the first 4 counts of this set raise your arms to shoulder level with your elbows bent so your fingers are pointing at the ceiling

- 1&2&        Step left  $\frac{1}{4}$  turn left, step right next to left, step left  $\frac{1}{4}$  turn left, step right next to left
- 3&4        Step left  $\frac{1}{4}$  turn left, step right next to left, step left  $\frac{1}{4}$  turn left and snap fingers
- 5-8        Place right foot shoulder width apart next to left and punch with your right fist up and away from your body at a 45 degree angle, punch 3 more times

REPEAT