

# Old Time Rock 'n' Roll

**COPPER** **NOB**  
STEPSHEETS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Andreas Ehn (SWE)  
音樂: Old Time Rock & Roll - Bob Seger



## **SIDE, STEP, CROSS SHUFFLE, ¼ RIGHT TWICE, CROSS SHUFFLE**

1-2-3&4      Take long step right to right side, left beside right, cross right over left, step left to left, cross right over left  
5-6      Back on left turning ¼ right, right to right turning ¼ right  
7&8      Cross left over right, right to right, cross left over right

## **RIGHT ROCK, BEHIND, SIDE, CROSS, LEFT ROCK, BEHIND, SIDE, STEP**

1-2-3&4      Rock right diagonally forward to right, recover left, cross right behind left, left to left, cross right over left  
5-6-7&8      Rock left diagonally forward to left, recover right, cross left behind right, right to right, left forward

## **RIGHT SHUFFLE, LEFT SHUFFLE, 2X STEP TURN**

1&2      Forward on right, left next to right, forward on right  
3&4      Forward on left, right next to left, forward on left  
5-6-7-8      Forward on right, pivot ½ left (end on left), repeat step turn

## **POINT, POINT, HEEL, CLAP, CLAP, heel & HE AL & heel & TOUCH ¼ LEFT**

1&2&      Point right toe to right side, step right next to left, point left toe to left, step left next to right  
3&4      Touch right heel forward diagonally to right, clap your hands twice  
&5&6      Step right next to left, touch left heel diagonally forward to left (facing 11:00), step left together, touch right heel forward diagonally to right (facing 10:00)  
&7&8      Step right next to left, touch left heel diagonally to left (facing 9:00), step left together, touch right beside left

**REPEAT**

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