

Old Stuff

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Masters In Line (UK)
音樂: The Old Stuff - Garth Brooks



TOE, KICK, CROSS, BACK, SIDE, CROSS, TOE, KICK

1-2 Point right toe next to left, kick right foot to right diagonal
3-4 Cross right foot over left, step back on left foot
5-6 Step right foot to right side, cross left foot over right
7-8 Point right toe next to left foot, kick right foot to right diagonal

BEHIND, SIDE, CROSS, SIDE, BEHIND, ¼ TURN, STEP, ½ TURN

9-10 Cross right foot behind left, step left foot to left side
11-12 Cross right foot in front of left foot, step left foot to left side
13-14 Cross right foot behind left foot, step left foot ¼ turn to left
15-16 Step forward on right foot, pivot ½ turn left (weight ends up on left foot)

RIGHT SHUFFLE, STEP FULL TURN, HOOK, RIGHT SHUFFLE, STEP, ½ TURN

17&18 Right shuffle forward
19-20 Step forward on left foot, unwind a full turn right and hook right foot up
21&22 Right shuffle forward
23-24 Step forward on left foot, pivot ½ turn right (weight ends on right foot)

SIDE SHUFFLE, ROCK, SIDE SHUFFLE, ¼ TURN, STEP, TURN

25&26 Left side shuffle
27-28 Rock back on right foot, rock forward on left
29&30 Right side shuffle with ¼ turn right
31-32 Step forward on left foot, pivot ½ turn right (weight ends on right foot)

TWO TOE STRUTS, STEP, ½ TURN, TOE STRUT

33-34 Left toe strut forward
35-36 Right toe strut forward
37-38 Step forward on left foot, pivot ½ turn right (weight ends on right foot)
39-40 Left toe strut forward

TOUCH, HOLD, TOUCH, HOLD, KICK BALL CHANGE, STEP TOUCH

41-42 Touch right toe to right side, hold
&43-44 Step right foot together, touch left toe to left side, hold
&45&46 Step left foot together, right kick ball change
47-48 Step right foot forward, touch left toe behind right

LEFT SHUFFLE BACK, RIGHT SHUFFLE ½ TURN, STEP ½ TURN, LEFT SHUFFLE

49&50 Left shuffle back
51&52 Right shuffle ½ turn right
53-54 Step forward on left foot, pivot ½ turn right
55&56 Left shuffle

RIGHT ROCK, RIGHT SLOW SAILOR, LEFT BEHIND, ¼ TURN RIGHT, STEP LEFT TOGETHER

57-58 Rock right to right side, replace weight onto left
59-60 Cross right behind left, step left next to right
61-62 Step right to right side, cross left behind right

63-64

Make $\frac{1}{4}$ turn right stepping forward on right, step left next to right

REPEAT
