

Old Shanghai

拍數: 32 牆數: 2 級數: Improver
編舞者: Jan Wyllie (AUS)
音樂: Shanghai Breezes - John Denver



STEP TOGETHER, ¼ SHUFFLE, ROCK RETURN, COASTER STEP

1-2-3&4 Step right to right, step left beside right, making ¼ right shuffle forward right, left, right
5-6 Rock/step forward on left, rock back on right
7&8 Step back on left, step right beside left, step forward on left

STEP PIVOT ½, ROCK RETURN, ¼ ROCK ¼ RETURN, FULL TURN FORWARD

9-10 Step forward on right, pivot ½ left transferring weight to left
11-12 Rock/step forward on right, rock back on left
13 Rock/step back on right turning body ¼ right
14 Rock forward onto left turning body ¼ left to original position
15-16 Step forward right, left, while making a full turn left

ROCK RETURN, BACK LOCK STEP, ½ TURN, BACK LOCK STEP

17-18 Rock/step forward on right, rock back on left
19&20 Step back on right, lock/step left across right, step back on right
21-22 Making ½ left rock/step forward on left, rock back on right
23&24 Step back on left, lock/step right across left, step back on left

¼ ROCK RETURN, BEHIND SIDE ACROSS, & STEP ACROSS, SWEEP ACROSS HOLD

25-26 Making ¼ right step right to rock/right side, rock/return weight onto left
27&28 Step right behind left, step left to left, step right across left
&29 Step left slightly left, step right across left
30-31 Sweep left around and across right taking 2 beats (keeping weight on right)
32 Take weight on left (left over right)

REPEAT

TAG

At the end of wall 3

SIDE SHUFFLE, ROCK RETURN, SIDE SHUFFLE, ROCK RETURN

1&2-3-4 Shuffle to the right (right, left, right), rock/step left behind right, rock/return weight to right
5&6-7-8 Shuffle to the left (left, right, left), rock/step right behind left, rock/return weight to left