

# Old School (P)

拍數: 48      牆數: 0      級數: Partner  
編舞者: Dave Casey (UK)  
音樂: Think It Over - The Mavericks



**Position: All steps written for the man. Lady's steps are opposite to man's. This dance is started in waltz position, moving LOD**

- 1 Left step to left side
- 2 Right step beside left
- 3 Left step the left side
- 4 Touch right toe beside left foot (at this point drop man's right hand, lady's left)
- 5 Right step to right side
- 6 Left step beside right foot
- 7 Right step to right side turning  $\frac{1}{4}$  turn left
- 8 Touch left toe beside right (you should be facing LOD)

**Lady does a  $\frac{3}{4}$  rolling vine and touch right beside left. At this point, join both inside hands (right for man, left for lady). In this part of the dance, partners change hands right to left to right for man ladies left to right to left you will work it as you do the dance**

- 1 Left step forward
- 2 Scuff right foot forward
- 3  $\frac{1}{4}$  turn left stepping right to the side (join left hand for men right hand for ladies)
- 4 Touch left toe beside (men drop right hand, ladies drop right hand)
- 5  $\frac{1}{4}$  turn left stepping left foot forward
- 6 Scuff right foot forward (men drop left and, ladies drop right)
- 7 Right step forward (men join right hand with ladies left)
- 8  $\frac{1}{2}$  pivot turn left end with weight on left foot

## TOE STRUTS FORWARD AND A MAMBO ROCK

- 1 Touch right forward
- 2 Step down onto right foot
- 3 Touch left toe forward
- 4 Step down onto left foot
- 5 Right foot step forward
- 6 Rock weight back onto left foot
- 7 Right step beside left foot
- 8 Pause

## LOCK STEP BACK, COASTER STEP

- 1 Left foot step back
- 2 Right foot step across left foot
- 3 Left foot step back
- 4 Pause
- 5 Right foot step back
- 6 Left foot step beside right foot
- 7 Right foot step forward
- 8 Pause

- 1-4 Men walk forward left, right left, right
- 1-2 Ladies do a full turn right forward stepping right, left
- 3-4 Ladies take 2 steps forward stepping right left

- 4-8 Men 2 shuffles forward left and right  
4-8 Ladies 2 shuffles forward right and left
- 1-2 Two steps forward left, right  
3-4 Left shuffle with  $\frac{1}{4}$  turn left dropping hands  
5-6 Two steps right, left (starting half turn left)  
7-8 Right shuffle (finishing half turn left you should be facing your partner now go back into the waltz position)

**REPEAT**

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