

Old Neon Flame

COPPER KNOB
BY STEPHEN HETS

拍數: 56 牆數: 4 級數: Advanced
編舞者: Heidi Leigep-Brown (AUS)
音樂: Neon Flame - Terri Clark



BUCKWHEAT WITH ¼ TURN, BUCKWHEAT WITH ¼ TURN

- 1 Step right heel forward 45 degrees right (right toe is off floor)
- 2 Step left heel forward 45 degrees left (left toe is off floor)
- 3 Turning ¼ turn right, step right foot to right side
- 4 Lift left leg behind and across right leg and slap left heel with right hand
- 5 Step left heel forward 45 degrees left (left toe is off floor)
- 6 Step right heel forward 45 degrees right (right toe is off floor)
- 7 Turning ¼ turn left, step left foot to left side
- 8 Lift right leg in front and across left leg and slap right heel with left hand

FORWARD SHUFFLE, ROCK, FORWARD TURNS WITH SLAPS, FORWARD TURNS WITH SLAPS

- 1 Step right foot forward
- & Step left foot next to right
- 2 Step right foot forward
- 3 Step left foot forward and rock forward on left
- 4 Rock back on right
- 5 Step forward on left foot turning right (1:30)
- 6 Lift right leg behind left leg, slap right heel with left hand while turning right (6:00)
- 7 Turning ½ turn right, step forward on right
- 8 Hitch left leg and slap left thigh with right hand

ROCK, BACKWARD TURN WITH SLAP, BACKWARD TURN WITH SLAP, TURN AND HITCH

- 1 Step left foot forward, rock forward on left foot
- 2 Rock back on right foot
- 3 Step back on left foot
- 4 Lift right leg across and in front of left knee, slap right heel with left hand while turning ¼ turn right to 3:00
- 5 Step on right foot turning ¼ turn right (6:00)
- 6 Hitch left leg, slap left thigh with right hand while turning ¼ turn right (9:00)
- 7 Step left foot to left side
- 8 Hitch right leg across and in front and below of left knee while turning ½ turn right on ball of left foot

SHUFFLE, PIVOT, TOE DIG, HEEL DIG, TOE DIG, HEEL DIG

- 1 Step right foot forward
- & Step left foot next to right foot
- 2 Step right foot forward
- 3 Step left foot forward
- 4 Pivot ½ turn right
- 5 Dig left toe forward
- & Hop back slightly on left foot
- 6 Dig right heel forward
- & Hop back slightly on right foot
- 7 Dig left toe forward
- & Hop back slightly on left foot
- 8 Dig right heel forward

SHUFFLE, PIVOT, TOE DIG, HEEL DIG, TOE DIG, HEEL DIG

- 1 Step right foot forward
- & Step left foot next to right foot
- 2 Step right foot forward
- 3 Step left foot forward
- 4 Pivot $\frac{1}{2}$ turn right
- 5 Dig left toe forward
- & Hop back slightly on left foot
- 6 Dig right heel forward
- & Hop back slightly on right foot
- 7 Dig left toe forward
- & Hop back slightly on left foot
- 8 Dig right heel forward

SHUFFLE, OUT-CROSS-TWIST, SHUFFLE

- 1 Step right foot forward
- & Step left foot next to right
- 2 Step right foot forward
- 3 Jump feet apart
- 4 Jump and cross right foot in front of left foot
- 5 On balls of both feet and at the same time, twist right heel out to right side and twist left heel out to left side
- 6 At the same time, twist right heel in to neutral, twist left heel in to neutral
- 7 Step right foot forward
- & Step left foot next to right
- 8 Step right foot forward

OUT-CROSS-TWIST, ROCKS, TURN, TOUCH

- 1 Jump feet apart
- 2 Jump and cross left foot in front of right foot
- 3 On the balls of both feet and at the same time, twist left heel out to left side, twist right heel out to right side
- 4 At the same time, twist left heel in to neutral, twist right heel in to neutral
- 5 Step forward on left foot and rock forward on left foot
- 6 Rock back on right foot
- 7 Pushing off on left foot turn $\frac{1}{2}$ turn left on ball of right foot and step forward on left foot
- 8 Touch right foot next to left foot and tug the brim of your hat forward with right hand

REPEAT

Dance ends with last 2 steps of last section but instead of turning $\frac{1}{2}$ turn you turn $\frac{3}{4}$ turns. E.g.:

- 7 Pushing off on left foot turn $\frac{3}{4}$ turn left on ball of right foot and step forward on left foot
 - 8 Step right foot next to left foot and tug the brim of your hat forward with right hand.
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