

Old Man Rhythm

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner east coast swing
編舞者: Norma Jean Fuller (USA) & Mr. T. Haynes
音樂: Sea Cruise - Scooter Lee



STEP HITCH, STEP HITCH, BOOGIE WALKS BACK

1-2 Step right forward, hitch left leg scooting forward on right
3-4 Step left forward, hitch right leg scooting forward on left
5-6 Small step back on right, small step back on left
7-8 Repeat steps 5-6

Styling: shoulder drops right, left, right, left with pointer fingers pointing to floor on steps 5-8

VINE RIGHT, SIDE ROCK RECOVER CLAP, ROCK BACK RECOVER CLAP

1-2 Step to right on right, cross left behind right
3-4 Step to right on right, step cross left in front of right
5-6 Rock side right on right, recover left with a clap
7-8 Rock back on right, recover left with a clap

STEP HOLD, ¼ TURN PIVOT, HOLD, STEP HOLD, STEP HOLD

1-2 Step right forward, hold
3-4 Pivot turn ¼ left with weight on left, hold
5-6 Step right forward, hold
7-8 Step left forward, hold

TOE STRUTS FORWARD, ROCK STEPS

1-2 Right toe forward bending knee slightly, step down on heel
3-4 Left toe forward bending knee slightly, step down on heel
5-6 Rock right forward, recover to left
7-8 Rock right back, recover to left

REPEAT
