

Old Hippie (It Takes One To Know One)

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Karen Spencer (UK)
音樂: Old Hippie - Bellamy Brothers



WALK, WALK, KICK BALL CHANGE, KICK BALL CHANGE, KICK BALL POINT

1-2 Step forward right, step forward left
3&4 Kick right forward, step right beside left, step left in place
5&6 Kick right forward, step right beside left, step left in place
7&8 Kick right forward, step right beside left, step left to left

SAILOR STEP ¼ TURN LEFT, SHUFFLE RIGHT, STEP SCUFF HITCH & SCOOT, HEEL JACK

9&10 Cross left behind right, step right to right side, step left beside right, making ¼ turn left
11&12 Step forward right, close left beside right, step forward right
13&14 Step forward left, scuff right forward, hitch right foot and scoot forward left
15&16 Step back right, step forward left, touch right toe to left foot

SHUFFLE ¼ TURN RIGHT, HIPS LEFT, HIPS RIGHT, ROCK BACK & FORWARD

17&18 Step forward right, close left beside right, step forward right, making ¼ turn right
19-20 Step forward left, bump hips twice to left
21-22 Bump hips twice to right
23-24 Rock back on left, rock forward on right

STEP ¼ TURN RIGHT, CROSS SHUFFLE, HALF TURN LEFT, HEEL JACK

25-26 Step forward left, making ¼ turn right
27&28 Cross left over right, step right to right side, cross left over right
29-30 Step right to right side, step left to left making ½ turn left
&31&32 Step back right, touch left heel forward, step left to left side, touch right toe to left foot

STEP BACK RIGHT, ½ TURN RIGHT, SHUFFLE LEFT, HEELS & TOES & HEELS & TOES

33-34 Step back on right foot, pivot half turn right
35&36 Step left to left, close right beside left. Step left to left
&37&38 Step forward on right heel, step forward on left heel, step back on right, step back on left
&39&40 Step forward on right heel, step forward on left heel, step back on right, step back on left

VAUDEVILLES LEFT & VAUDEVILLE RIGHT, KNEES BEND ¼ TURN RIGHT, TOE POINTS

&41&42 Cross right over left, step left to left, touch right heel diagonally forward right, step right in place
&43&44 Cross left over right, step right to right, touch left heel diagonally forward left, step left in place
45-46 Bend knees and swivel ¼ turn right, rising on turn
47-48 Point right toe forward, point right toe to right side

SAILOR STEP, ¼ TURN RIGHT, PIVOT ½ TURN RIGHT, LEFT SHUFFLE, ROCK BACK & FORWARD

49&50 Cross right behind left, step left to left side, step right beside left, making ¼ turn right
51-52 Step forward left, turn ½ turn right on right foot
53&54 Step forward left, close right beside left, step forward left
55-56 Rock back right, rock forward left

BOX STEP SCUFF ¼ TURN RIGHT, LEFT LOCK STEP, STOMP KICK

57-58 Cross right over left, step back left
59-60 Step forward right turning $\frac{1}{4}$ right, scuff left foot forward
61&62 Step forward left, close right behind left, step forward left
63-64 Stomp right foot, kick right foot forward

REPEAT

RESTART

On third & fifth repetitions restart dance after beat 40 (heels, toes, heels, toes).
