

Old Friend

拍數: 64 牆數: 4 級數: Intermediate two step
編舞者: Dynamite Dot (UK)
音樂: My Old Friend - Tim McGraw



WALK RIGHT & LEFT, STEP ½ PIVOT STEP LEFT

1-4 (SS) Walk right, hold, walk left, hold
5-8 (QQS) Step right forward, pivot ½ turn left, step right forward, hold

FULL TURN FORWARD, LEFT SIDE ROCK & CROSS

9-12 (SS) Full turn forward and to right stepping left, hold, right, hold
13-16 (QQS) Rock left to left side, recover onto right, cross left over right, hold

RIGHT ROCK FORWARD & SIDE, RIGHT COASTER STEP

17-20 (QQQQ) Rock forward on right, recover onto left, rock right to right side, recover onto left
21-24 (QQS) Step right foot back, step left beside right, step right foot forward, hold

¼ TURN LEFT, HINGE ½ TURN LEFT

25-28 (QQS) Step left forward, make ¼ turn right stepping right to right side, cross left over right, hold
29-32 (SS) Making ¼ turn left step back on right, hold, making ¼ turn left, step left to side, hold

ROCK STEP ¼ TURN RIGHT, WALK LEFT & RIGHT

33-36 (QQS) Cross rock right over left, recover onto left, make ¼ turn right on right, hold
37-40 (SS) Walk forward left, hold, walk forward right, hold

STEP PIVOT ½ TURN RIGHT, TURN ½ TURN RIGHT, WALK BACK

41-44 (QQS) Step forward left, pivot ½ turn right, make ½ turn right stepping back on left, hold
45-48 (SS) Walk back right, hold, walk back left, hold

RIGHT COASTER STEP, CROSS ¼ TURN LEFT

49-52 (QQS) Step right foot back, step left beside right, step right foot forward, hold
53-56 (SS) Cross left over right, hold, make ¼ turn left stepping back on right, hold

LEFT SIDE SHUFFLE, TOUCH RIGHT FORWARD & SIDE

57-60 (QQS) Step left to left side, step right next to left, step left to left side, hold
61-64 (SS) Touch right toe across left, hold, touch right toe to right side, hold

REPEAT
