

Old Cheyenne

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Sheila Towers (UK)
音樂: Old Cheyanne - Joe Nichols



ROCK RIGHT, RECOVER, BEHIND-SIDE-CROSS, ROCK LEFT, RECOVER, BEHIND, ¼ TURN RIGHT, FORWARD

1-2 Rock right foot to right side, rock onto left foot
3&4 Right foot cross behind left, left foot step to left, right foot cross over left
5-6 Rock left foot to left side, rock onto right foot
7&8 Left foot cross behind right, right foot step ¼ turn right, left foot step forward

ROCK FORWARD RIGHT, RECOVER, RIGHT SHUFFLE MAKING ½ TURN RIGHT LEFT SHUFFLE MAKING ½ TURN RIGHT, ROCK BACK RIGHT, RECOVER

1-2 Rock forward on right foot, rock back on left foot
3&4 Right shuffle making ½ turn right stepping right, left, right
5&6 Left shuffle making ½ turn right stepping left, right, left
7-8 Rock back on right foot, rock forward on left foot

RIGHT SIDE, LEFT BEHIND, ROCK RIGHT, RECOVER RIGHT BEHIND, LEFT INTO ¼ TURN LEFT, STEP, PIVOT ¾ TURN LEFT

1-2 Right foot step to right side, left foot cross behind right foot
3-4 Rock right foot to right side, rock onto left
5-6 Right foot cross behind left, left foot step ¼ turn left
7-8 Right foot step forward, pivot ¾ turn left

SIDE RIGHT, SLIDE UP, ROCK BACK, RECOVER, SIDE LEFT, SLIDE UP, ROCK BACK, RECOVER

1-2 Right foot step to right side, slide left up to right (no weight)
3-4 Rock back on left foot behind right, rock forward on right
5-6 Left foot step to left side, slide right foot up to left (no weight)
7-8 Rock back on right foot behind left, rock forward on left

REPEAT

TAG

At end of wall 4. Also done at end of dance after wall 11 to finish dance

SIDE, BEHIND, ¼ TURN RIGHT, STEP, ½ TURN RIGHT, ¼ RIGHT, BEHIND, SIDE

1-2 Right foot step to right side, left foot cross behind right
3-4 Right foot step ¼ turn right, left foot step forward
5-6 ½ turn right stepping right foot forward, ¼ right stepping left foot to left
7-8 Right foot cross behind left, left foot step to left
