

Old Bones

拍數: 52 牆數: 1 級數: Improver foxtrot
編舞者: Unknown
音樂: Old Bones - George Burns



CROSS STRUTS FORWARD (WITH ATTITUDE)

1-2 Cross left foot over right, hold
3-4 Cross right foot over left, hold
5-6 Cross left foot over right, hold
7-8 Cross right foot over left, hold

LEFT VINE, RIGHT VINE

9-12 Step left foot to left, cross right behind left, step left to left, touch right next to left
13-16 Step right foot to right, cross left behind right, step right to right, touch left next to right

3 FORWARD SHUFFLES, PIVOT ½ LEFT TURN

17&18 Shuffle forward left-right-left
19&20 Shuffle forward right-left-right
21&22 Shuffle forward left-right-left
23-24 Step forward right, pivot ½ left turn, transferring weight to left foot

RIGHT VINE, LEFT VINE

25-28 Step right foot to right, cross left behind right, step right to right, touch left next to right
29-32 Step left foot to left, cross right behind left, step left to left, touch right next to left

3 FORWARD SHUFFLES, PIVOT ½ RIGHT TURN

33&34 Shuffle forward right-left-right
35&36 Shuffle forward left-right-left
37&38 Shuffle forward right-left-right
39-40 Step forward left, pivot ½ right turn, transferring weight to right foot

MODIFIED JAZZ BOX

41-44 Step forward on left, cross right foot over left, step back on left foot, step right foot next to left

SLIDES TO LEFT AND RIGHT

45-48 (Moving toward left) step left foot to left, slide right foot to left, step left to left, touch right next to left
49-52 (Moving toward right) step right foot to right, slide left foot to right, step right to right, touch left next to left

REPEAT

It is unclear exactly where this dance originated, but is popular in San Diego and Riverside counties of Southern California