

Oklahoma Four Corners

COPPER KNOB
STEPPERS

拍數: 29 牆數: 0 級數:
編舞者: Unknown
音樂: That Rock Won't Roll - Restless Heart



SWIVEL, CENTER, SWIVEL, CENTER

- 1 (with weight shifted to balls of feet & off the heels), swivel both heels to the left side
- 2 Return both heels to center
- 3 Swivel both heels to the right side
- 4 Return both heels to center

HEEL, HOOK, HEEL, TOGETHER

- 1 (transferring weight to left foot), touch right heel forward
- 2 Lift right heel & hook it in front of left knee
- 3 Touch right heel forward in same spot as step #1
- 4 Return right foot together beside left foot (transferring weight to right foot)

HEEL, HOOK, HEEL, TOUCH

- 1 (with weight on right foot), touch left heel forward
- 2 Lift left heel & hook it in front of right knee
- 3 Again touch left heel forward in same spot as step #1
- 4 (with weight remaining on right foot), touch left toe beside right foot or slightly behind

STEP, KICK, STEP (TURN), KICK

- 1 Step forward with left foot
- 2 Lift right knee forward in a bent-knee kick
- 3 Step forward with right foot, pivoting ½ turn to left
- 4 Lift left knee forward in a bent-knee kick

STEP, KICK, STEP (TURN), KICK

- 1 Step forward with left foot
- 2 Lift right knee forward in a bent-knee kick
- 3 Step forward with right foot, pivoting ½ turn to left
- 4 Lift left knee forward in a bent-knee kick

STEP, KICK (TURN), CROSS OVER

- 1 Step forward with left foot
- 2 Lift right knee forward & around in a bent-knee kick, pivoting ¼ turn to left
- 3 Cross-step in front of left foot with right foot

SIDE, CROSS BACK

(In continuation of last 3-count movement)

- 4 Step to left side with left foot
- 5 Cross-step behind left foot with right foot

POINT, TOGETHER, POINT, TOGETHER

- 1 Point-touch to left side with left toe
- 2 Return left foot beside right foot (transferring weight to left foot)
- 3 Point-touch to right side with right toe
- 4 Return right foot beside left foot (centering weight)

REPEAT

