

Okie Boogie

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Terry Hogan (AUS)
音樂: Okie Boogie - Tom Morrell & The Timewarp Tophands



- 1-2 Step right foot to the side, slide left foot beside right
3-4 Step right to the side, touch left foot beside right
5&6 Shuffle to the left side left-right-left
7-8 Rock/step right foot across behind left, rock forward onto left
- 9 Step forward on ball of right foot to right diagonal pushing hip forward to diagonal (lift left knee)
10 Push hips backward to diagonal taking weight onto left foot (drop heel)
11-12 Slide right foot to touch beside left, hold
&13 Step on ball of right foot to side, step left foot to side
14 Step right foot across in front of left
15 Rock/step left foot to the side
16 Rock sideward onto right and make ¼ turn left
- 17-18 Step left foot backward, touch right toe across in front of left foot
19-20 Step right foot backward, touch left toe across in front of right foot
21-22 Step left foot backward, touch right toe across in front of left foot
23-24 Step right foot backward, low kick forward with left foot towards left diagonal
- 25 Step left foot forward toward left diagonal
26 Step right foot forward to lock behind left
27 Step left foot forward toward left diagonal
28 Make 1/8 turn left on ball of left foot & step right foot to side (you should be facing 6:00)
29-30 Step left foot forward, hold
31-32 Step right foot forward, hold
- 33-34 Step left foot forward, make ½ pivot turn right & step weight forward onto right foot
35-36 Step left foot forward, hold
- 37-38 Step right foot forward, make ½ pivot turn left & step weight forward onto left foot
39 Step right foot forward
40 Flick/lift left foot across behind right knee
- 41-42 Step left foot forward toward left diagonal turning toe slightly outward, hold
43-44 Step right foot forward toward right diagonal turning toe slightly outward, hold
45 Step ball of left foot forward toward left diagonal turning toe slightly outward
46 Step ball of right foot forward toward right diagonal turning toe slightly outward
47 Step ball of left foot forward toward left diagonal turning toe slightly outward
48 Touch right toe beside left foot

REPEAT