Okey-Dokey



拍數: 32 牆數: 1 級數:

編舞者: Russ Garber (USA)

音樂: The Tulsa Shuffle - The Tractors



When dancing to "Tulsa Shuffle" wait 16 counts after the singer's count.

HOOK, KICK, LINDY (SIDE TOGETHER SIDE, SHUFFLE)

1 Hook (mid shin) left over right

2 Kick left forward

3&4 Facing forward, traveling side left, shuffle left right left

5 Hook (mid shin) right over left

6 Kick right forward

7&8 Facing forward, traveling side right, shuffle right left right

FORWARD SHUFFLE, ½ TURN

9&10 Shuffle forward left right left11 Step forward on ball of right

12 Pivot ½ turn left (6 o'clock), changing weight to left

FORWARD SHUFFLES

13&14 Shuffle forward right left right 15&16 Shuffle forward left right left

BUG CRUSHER (HEEL GRIND), TRIPLE (SHUFFLE IN PLACE)

17 Step forward on right heel (toe turned in toward left- slightly lifting left)

18 Grind (twist) right heel right, stepping down on left 19&20 Stepping right to center, shuffle (in place) right left right

21 Step forward on left heel (toe turned in toward right- slightly lifting right)

22 Grind (twist) left heel left, stepping down on right 23&24 Stepping left to center, shuffle (in place) left right left

TOE POINTS (TOUCHES), TRIPLE (SHUFFLE IN PLACE)

25 Touch (point) right toe forward

26 Touch (point) right toe out to right side

27&28 Stepping back on right past center, shuffle in place right left right

FORWARD SHUFFLE, ½ TURN, FORWARD SHUFFLE

29&30 Shuffle forward left right left

31&32 On ball of left, making ½ turn right (12 o'clock), shuffle forward right left right

REPEAT