

拍數: 32      牆數: 4      級數: Improver  
編舞者: EmCee (UK)  
音樂: Its Ok - Atomic Kitten



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**RIGHT HEEL TOE, SHUFFLE, LEFT HEEL TOE, FORWARD SHUFFLE**

1-2      Right heel down, right toe in front of left  
3&4      Right shuffle forward right, left, right  
5&6      Left heel down, left toe in front of right  
7&8      Left shuffle forward left, right, left

**SWAY RIGHT, LEFT, RIGHT COASTER STEP, SWAY LEFT, RIGHT, LEFT COASTER STEP**

1-2      Sway forward onto right, sway back onto left  
3&4      Right coaster step - step right back, step left in place, step right forward  
5-6      Step left forward, sway back onto right  
7&8      Left coaster step - step left back, step right in place, step left forward

**RIGHT TOE TOUCHES, RIGHT SIDE BEHIND SIDE, ¼ TURN LEFT, LEFT SIDE BEHIND SIDE, RIGHT KICK BALL CHANGE**

1-2      Touch right toe in front of left, swing right out and touch toe behind left  
3&4      Step right to right side, cross left behind right, step right to right side  
5&6      Step left to left side, cross right behind left, ¼ turn left step left  
7&8&      Touch right toe down, step right in place touch left toe, step left in place

**TOE TOUCHES, TOE TOUCHES, TURN**

1-2-3      Touch right toe in front, touch right to right side, step right behind bending knees slightly  
4-5-6      Touch left toe in front, touch left to left side, step left behind bending knees slightly  
7-8      Step forward on right, swivel ½ turn right with left foot behind right ankle, step onto left

**REPEAT**

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