

拍數: 32 牆數: 4 級數: Improver
 編舞者: Charles Thornhill (UK)
 音樂: For a Good Time Call - Mindy McCready



SWIVEL HEELS, HEEL TAPS

- 1 Swivel both heels left
- 2 Swivel both heels right
- 3 Swivel both heels left and tap right heel in place
- 4 Tap right heel in place
- 5 Swivel both heels right
- 6 Swivel both heels left
- 7 Swivel both heels right and tap left heel in place
- 8 Tap left heel in place

Toes remain in contact with floor on steps 3,4,7,8

SHUFFLE LEFT, SHUFFLE RIGHT

- 9&10 Shuffle to left, left, right, left (facing 45 degrees left)
- 11&12 Shuffle to right, right, left, right (facing 45 degrees right)

SHUFFLE LEFT WITH ½ TURN, STOMP, HOLD

- 13&14 Shuffle to left, left, right, left (facing 45 degrees left)
- & Make ½ turn to the left on ball of left
- 15 Stomp right
- 16 Hold and clap

ELECTRIC BOOGIE / HEEL JACKS

- & Step left foot back at 45 degrees angle left
- 17 Touch right heel forward at 45 degrees angle right
- & Step right foot in place
- 18 Place left foot next to right foot
- & Step right foot back at 45 degrees angle right
- 19 Touch left heel forward at 45 degrees angle left
- & Step left foot in place
- 20 Place right foot next to left foot (taking weight on right)

¼ RONDE LEFT, SWITCH STEPS

- 21 Touch left toe forward
- &22 Sweep left toe round to left side in an arc
- & Step left next to right
- 23 Touch right toe to right side
- & Step right next to left
- 24 Touch left toe to left side

TURN, STEP TOGETHER, SHUFFLE BACK

- 25 Swivel ¼ turn to the left on balls of both feet (taking weight on left)
- 26 Step right next to left
- 27&28 Shuffle backwards left, right, left

STEP BACK, ½ TURN, SCOOT-TOGETHER, HEEL SWIVEL

- 29 Step right toe backward

- 30 Pivot ½ turn to the right
- 31 Scoot both feet together and forward slightly
- 32 Swivel both heels right

REPEAT
