

Oh So Lonely

拍數: 32 牆數: 4 級數: Intermediate/Advanced
編舞者: Mark Furnell (UK)
音樂: Lonely - Akon



SIDE TOGETHER BACK, ROCK ½ TURN

1&2 Step side right, close left to right, step back right
3&4 Rock back left, forward on right, step back on left making ½ turn right

LOCK STEP, SWAY, SWAY, SWAY

5&6 Step back on right foot, lock left over right, step back on right swaying hips right
7-8 Sway hips left, sway hips back on right(weight ends on right foot)

STEP TURN STEP, SKATE, SKATE

9&10 Step forward on left, step forward on right, make ½ turn over left shoulder and step forward left
11-12 Skate forward right, skate left

SAILOR STEP, SAILOR STEP POINT

13&14 Step right behind left, step left to side, step side on right
15&16 Step left behind right, step right to side and point left out to side

TURN POINT, TURN POINT, SHOULDER ROLL, DIP

&17&18 Step left to right making ¼ turn left and point right out to side, step right to left making ¼ right and point left toe to side
19-20 Roll right shoulder back, bend both knee, dip down

¼ TURN TOUCH, HEEL JACK, STEP TURN STEP

&21&22 Step down on left making ¼ turn left and touch right to left, step back on right foot and touch left heel forward
&23&24 Step down on left foot, step forward right, pivot ½ turn left on left, step forward right

WHOLE TURN, MAMBO STEP

25&26 Triple whole turn right, stepping left, right, left
27&28 Rock forward on right, back on left, step back right

SWEEP, SWEEP, ROCK ½ TURN

29-30 Sweep left foot round behind right, sweep right foot round behind left
31&32 Rock back left, rock forward right making ½ turn right, step back on left

REPEAT
