

Oh No! Let's Go!

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Sharon McNaughton (UK)
音樂: Let's Go Crazy - Ethan Allen



The dance starts after the first 8 counts (1&2&3&4&5&6&7&8&)

STEP FORWARD, PIVOT ½ LEFT, TOGETHER, COASTER STEP, HEEL, SLIDE, TOE, SLIDE, HEEL SLIDE, TOE, SLIDE

- 1&2 Step forward on right, pivot ½ turn left, close right foot next to left
3&4 Step back on left, close right foot next to left, step forward on left
5&6 Touch right heel right and slightly forward. Taking the weight onto the right heel slide the left foot to the right (keeping the left foot flat to the floor). Touch the right toe right and slightly back taking the weight onto the right slide the left foot to the right (keeping the left flat to the floor)
7&8& Repeat sections 5 & 6

HITCH RIGHT AND STEP TO RIGHT, SLIDE LEFT FOOT TO RIGHT ¼ TURN TO LEFT WITH CIRCULAR HIP MOVEMENTS, STEP RIGHT WITH ¼ TURN LEFT, ¼ TURN RIGHT, MAMBO STEP FORWARD

- &1-2 Hitch right and take long step to the right slide left foot in to meet right foot
3-4 Circle hips to the left twice while making a ¼ turn to the left
5 Make a ¼ turn to left as you step right foot to right bending knees (as you dip down in a squat position place hands on knees)
6 Raise back up to standing position with a ¼ turn to right
7&8 Rock forward onto left foot, rock back onto right foot, close left foot next to right

JAZZ BOX WITH ¼ TURN RIGHT, LEFT SIDE ROCK AND CROSS SYNCOPATED SAILOR STEPS & ¼ TURN RIGHT

- 1&2 Cross right foot over left, step back on left foot, make ¼ turn right and step forward on right foot
3&4 Rock to left side on left foot, replace weight onto right foot, cross left foot over right
5&6 Step to right with right foot, cross left behind right. Make a ¼ turn to right and step forward on right
&7 Step left foot to left side. Cross right foot behind left
&8& Step left foot slightly left, step right foot to right, close left foot next to right kick cross unwind

½ TURN LEFT, BODY ROLL, ¼ PADDLE TURN TO LEFT X 3

- 1&2 Kick right foot to right diagonal, cross right foot over left. Unwind ½ turn left
3&4 Forward body roll (alternatively circle hips to the left)
&5 Right small hitch, pivot ¼ turn left tapping right toe side right
&6 As 5
&7 As 5
&8 Right small hitch, tap right toe side right

REPEAT

TAG

Danced after walls 2, 4, and 6

KICK STEP, KICK CROSS, KICK STEP, KICK CROSS SIDE SWITCHES, STEP OUT, IN, IN WITH OPTIONAL HAND MOVEMENTS

- 1& Kick right foot to right side, step right foot to right
2& Kick left foot across (diagonally right). Step left foot over right
3& Kick right foot to right side, step right foot to right

4& Kick left foot across (diagonally right). Step left foot over right

5& Point right foot to right side, close right foot next to left foot

6& Point left foot to left side, close left foot to right foot

7& Step right foot slightly right, step left foot slightly left (out, out)

8& Step right foot slightly left. Close left foot next to right (in, in)

Optional hand movements on counts 8&: with right arm raised, push thumb back as though "hitching a ride" twice

Each time the counts 7&8& are danced the lyrics on the song say "oh no let's go"
