

# Oh Lord!

拍數: 48      牆數: 0      級數:  
編舞者: Philip Osmond (AUS)  
音樂: Double Bogey Blues - Mickey Jones



## **FORWARD, ROCK BACK, CHA-CHA-CHA, BACK WITH ¼ TURN RIGHT, ROCK**

- 1-4      Step left forward, rock back on right, triple step left-right-left  
5-6      Swing back right turning ¼ turn right (facing 3 o'clock), rock forward on left

## **FULL TURN, FORWARD, KICK, BACK COASTER, PIVOT, PIVOT, BACK**

- 1-2      Step forward left (facing 3 o'clock) kick forward right  
3&4      Back right, back left together, forward right  
5-6      Forward left, on balls of both feet-pivot ½ turn right  
7-8      Pivot ½ turn left (facing 3 o'clock), back left

## **BACK CROSS, BACK CROSS, BACK, ¼ LEFT, BACK, SIDE, FULL TURN**

- &1&2&3      Slide right over and in front of left, back left, slide right over and in front of left. Back left  
4-5&6      Turning ¼ left-step back right, step left to side, turning full turn left-right-left-right (facing 12 o'clock)

## **OUT, OUT, IN, IN, OUT, OUT, CLAP**

- &1&2      Left to side, right to side, left to center, right to center  
&3-4      Left to side, right to side, clap

## **BEND, HIP SWING, STRAIGHTEN, BEND, HIP SWING, STRAIGHTEN, CLAP, CLAP**

- 1-3      Bend both knees, swing right hip to side, straighten up  
4-6      Bend both knees, swing left hip to side, straighten up, clap, clap (weight on right)

## **FORWARD, ¼ TWIST, HIP BUMPS, FORWARD, ¼ TWIST, HIP BUMPS, FORWARD, ¼ TWIST, HIP BUMPS**

The following steps are danced progressing forward towards 12 o'clock, head kept facing towards 12 o'clock

- 1      Step left forward with a ¼ twist right on ball of left foot (body facing 3 o'clock)  
&2      Double left hip bumps towards 12 o'clock  
3      Step right forward (towards 12 o'clock) with a ¼ twist left, (body facing 9 o'clock)  
&4      Double right hip bumps towards 12 o'clock  
5      Step left forward (towards 12 o'clock) with a ¼ twist right (body facing 3 o'clock)  
&6      Double left hip bumps towards 12 o'clock

## **BOX STEP WITH ½ TURN RIGHT, FORWARD, TOUCH**

- 1-4      Step right forward (towards 12 o'clock) across in front of left, back left, turning ½ turn right-forward right, touch left together (facing 6 o'clock)

## **SIDE, HIP BUMPS, ½ TURN, HIP BUMPS, ½ TURN, HIP BUMPS, BACK COASTER**

- 1&2      Step left to side with double hip bumps left  
3&4      Turning ½ turn left-step right to side with double hip bumps right (facing 12 o'clock)  
5&6      Turning ½ turn right - step left to side with double hip bumps left (facing 6 o'clock)  
7&8      Back right, back left together, forward right

## **REPEAT**