

Oh Lonesome Me

拍數: 32 牆數: 4 級數: Beginner
編舞者: Kate Valentin (DK)
音樂: Oh Lonesome Me - Tamra Rosanes



RIGHT HEEL HOOK, RIGHT SHUFFLE, LEFT HEEL HOOK, LEFT SHUFFLE

1-2 Touch right heel diagonally forward, hook right heel in front of left shin
3&4 Step forward on right, close left beside right, step forward on right
5-6 Touch left heel diagonally forward, hook left heel in front of right shin
7&8 Step forward on left, close right beside left, step forward on left

RIGHT SIDE ROCK, CROSS SHUFFLE, LEFT SIDE ROCK, CROSS SHUFFLE

1-2 Rock to right onto right, recover to left onto left
3&4 Cross right over left, step left to left side, cross right over left
5-6 Rock to left onto left, recover to right onto right
7&8 Cross left over right, step right to right side, cross left over right

RIGHT, LEFT, RIGHT, LEFT TOE STRUT

1-2 Step right toe forward, drop right heel to floor taking weight,
3-4 Step left toe forward, drop left heel to floor taking weight
5-6 Step right toe forward, drop right heel to floor taking weight
7-8 Step left toe forward, drop left heel to floor taking weight

RIGHT ROCK STEP, SHUFFLE ½ TURN RIGHT, LEFT ROCK STEP, SHUFFLE ¼ TURN LEFT

1-2 Rock forward on right, recover back to left
3&4 Turn ¼ right stepping right to right side, step left next to right, turn ¼ right stepping forward on right
5-6 Rock forward on left, recover back to right
7&8 Turn ¼ right stepping left to left side, step right next to left, step to left on left

REPEAT
