

Oh Carol

拍數: 32 牆數: 2 級數: Improver
編舞者: BM Leong (MY)
音樂: Oh! Carol - Neil Sedaka



WALK, WALK, FORWARD SHUFFLE, FORWARD ROCK, BACK SHUFFLE

1-2 Walk forward on right, walk forward on left
3&4 Shuffle forward on right-left-right
5-6 Rock left forward, recover onto right
7&8 Shuffle backward on left-right-left

RIGHT AND LEFT LINDY

1-2 Cross right behind left, recover onto left
3&4 Chasse right
5-6 Cross left behind right, recover onto right
7&8 Chasse left

PADDLE QUARTER TURN LEFT TWICE, JUMP FORWARD, HOLD, BOUNCE TWICE

1-2 Step right forward, pivot $\frac{1}{4}$ turn left
3-4 Step right forward, pivot $\frac{1}{4}$ turn left
5-6 Jump forward on both feet, hold
7-8 Bounce both heels twice

JUMP BACKWARD, HOLD, BOUNCE TWICE, OUT, OUT, IN, IN

1-2 Jump backward on both feet, hold
3-4 Bounce both heels twice
5-6 Step right out to right diagonal, step left out to left diagonal
7-8 Step right in to center, step left beside right

REPEAT

RESTART

Restart during wall 2 (facing 12:00) and wall 6 (facing 12:00) after 1-28 counts

TAG

At the end of wall 4 (facing 12:00)

1-4 Bump hips right-left-right-left