

Off Limits

拍數: 32 牆數: 4 級數: Improver
編舞者: Maureen Jones (UK) & Michelle Jones (UK)
音樂: Livin' On Borrowed Time - Travis Tritt



POINT, TOUCH, RIGHT SIDE SHUFFLE, BEHIND, SIDE ROCK, CROSS

1-2 Point right to right, touch right beside left
3&4 Step right to right, step left beside right, step right to right
5-6 Step left behind right, rock right to right
7-8 Recover onto left, step right across left

POINT, TOUCH, LEFT SIDE SHUFFLE, BEHIND, SIDE ROCK, CROSS

9-10 Point left to left, touch left beside right
11&12 Step left to left, step right beside left, step left to left
13-14 Step right behind left, rock left to left
15-16 Recover onto right, step left across right

STEP, ½ PIVOT, SHUFFLE, ½ TURN, BACK SHUFFLE, ½ TURN, STEP, POINT

17-18 Step right forward, pivot ½ turn left
19&20 Shuffle forward stepping right, left, right
21&22 On ball of right make ½ turn right and then shuffle back stepping left, right, left
23-24 On ball of left make ½ turn right and step right forward, point left to left (facing 6:00)

Easier option: 21&22 left shuffle forward, 23-24 step right forward, point left to left

BACK ROCK, ¼ TURN-POINT, CROSS, POINT, CROSS, SIDE, TOGETHER, CROSS

25-26 Rock left back, recover onto right
27-28 Make ¼ turn right and point left to left, step left across right
29-30 Point right to right, step right across left
&31-32 Step left to left, step right beside left, step left across right

Easier option: 31-32 Point left to left, step left across right

REPEAT
