

Odd Sox

拍數: 48 牆數: 2 級數: Improver
編舞者: Michael Vera-Lobos (AUS) & Cindy Truelove (AUS)
音樂: Made For Each Other - Bekka & Billy



LEFT SAILOR, ROCK BACK, FORWARD, RIGHT SHUFFLE FORWARD, FULL TURN RIGHT

- 1&2 Cross left behind right, step right to right side, step left to center
3-4 Rock back onto right, rock step forward on left
5&6 Shuffle forward right stepping right-left-right
7-8 Turning a full turn right traveling forward (turn ½ turn right while stepping back on left, turn a further ½ turn right completing full turn stepping forward on right)

ROCK FORWARD, BACK, ½ TURN, STEP FORWARD, CROSS BACK, BACK, LEFT SHUFFLE

- 1-2-3 Rock forward on left, rock back onto right, turn ½ turn left and step left forward
4-5-6 Box step- cross right over left, step back on left, step right to right side
7&8 Shuffle forward left stepping left-right-left

BALL JACKS- BACK, HEEL, BACK, TOUCH TWICE, BACK, HEEL, BACK, STEP FORWARD, LEFT SHUFFLE

- &1&2 Step back on right touching left heel forward, step back on left touching right beside left
&3&4 Step back on right touching left heel forward, step back on left touching right beside left
&5&6 Step back on right touching left heel forward, step back on left, step forward on right
7&8 Shuffle forward left stepping left-right-left

RIGHT SIDE ROCK, ¼ TURN LEFT TWICE, ROCK FORWARD, ROCK BACK, ½ TURN RIGHT WITH CHA-CHA

- 1-2 Rock on right to side, return weight to left turning ¼ turn left
3-4 Rock on right to side, return weight to left turning ¼ turn left
5-6 Rock forward right, rock back on left
7&8 Turn ½ turn right stepping right-left-right in place

LEFT SIDE ROCK, ¼ TURN RIGHT TWICE, ROCK FORWARD, ROCK BACK, ½ TURN LEFT WITH CHA-CHA

- 1-2 Rock on left to side, return weight to right turning ¼ turn right
3-4 Rock on left to side, return weight to right turning ¼ turn right
5-6 Rock forward on left, rock back onto right
7&8 Turn ½ turn left stepping left-right-left in place

HIP BUMPS TO SIDE, SHIFT ROCK TO LEFT, SHIFT ROCK TO RIGHT

- 1-2-3-4 Step right to right side bumping hips to right 4 times
5-6 Bend knees and shift weight to left ending with right toe in the air
7-8 Bend knees and shift weight to right ending with left toe in the air

REPEAT