

拍數: 32                      牆數: 4                      級數: Improver  
 編舞者: John Robinson (USA)  
 音樂: She Took a Lot of Pills and Died - Dallas Wayne and The Dimlights



## 2 SLOW LOCK-STEP SHUFFLES FORWARD WITH SYNCOPATED CLAPS

1-2-3                      Step left forward, right lock step behind left, step left forward  
 4&                          Clap hands twice  
 5-6-7                      Step right forward, left lock step behind right, step right forward  
 8&                          Clap hands twice

## ¼ PIVOT RIGHT INTO SLOW SIDE ROCKS, 3-COUNT HIP ROLL, RIGHT FLICK

1-2                          Pivot ¼ turn right on ball of right foot stepping left foot about shoulder-width apart and slowly rock/roll weight onto left foot for two counts  
 3-4                          Slowly rock/roll weight side right for two counts  
 5-6                          Rock/roll weight side left, then side right  
 7-8                          Rock/roll weight side left, flick right foot up behind left knee

## RIGHT VINE, ½ RIGHT PIVOT WITH LEFT HITCH, LEFT LEG SHAKE, RIGHT LEG SHAKE

1-2                          Right step side right, left step across behind right  
 3-4                          Right step side right, pivot ½ turn right while raising left knee, bringing left foot in next to right calf  
 5&6                          Left touch forward bending knee out slightly, bend knee in slightly, bend knee out slightly placing weight on left  
 7&8                          Right touch forward bending knee out slightly, bend knee in slightly, bend knee out slightly keeping weight on left

## SWIVEL HEELS IN, OUT TWICE, RIGHT HEEL, STEP HOME, LEFT HEEL, HOOK

1-2                          With weight on balls of feet, swivel heels in so toes point out, return heels home so toes point forward  
 3-4                          Swivel heels in so toes point out, return heels home so toes point forward, place weight on left foot  
 5-6                          Right heel touch forward, right step next to left  
 7-8                          Left heel touch forward, left heel hook across right shin

## REPEAT

## TAG:

Execute after 3rd and 6th repetitions of the dance only to "She Took A Lot Of Pills And Died". You will hear the 4 extra counts after the first and second chorus in the song

1-2                          Touch left toe forward/roll hips forward, roll hips back  
 3-4                          Hold position, left heel hook across right shin