

Ocean

拍數: 36 牆數: 2 級數: Intermediate
編舞者: Kath Dickens (UK)
音樂: Ocean - Hanna-McEuen



SIDE, BEHIND, ¼ TURN, STEP, SWEEP ¾ PIVOT, BEHIND, SIDE, CROSS, ROCK, RECOVER, CROSS, ¼ BACK, SIDE, CROSS

- 1-2& Step side left, right steps behind, make ¼ turn left as you step forward on left
- 3-4& Step forward on ball right, sweep left foot out and round as you make a ¾ pivot turn left stepping behind on left, step side right (12:00)
- 5-6& Cross left over right, rock out right, recover on left
- 7&8& Cross right over left, make ¼ turn right stepping back on left, step side right, cross left over right

SIDE, CROSS ROCK, ¼, ¼, ½ TURN, FORWARD RIGHT. LEFT. RIGHT, ROCK, RECOVER

- 1-2& Long step to right, cross rock left over right, recover weight to right
- 3-4& (Turning left) make 1/ 4 turn stepping forward on left, make another ¼ turn stepping back on right, make ½ turn stepping forward on left. (3:00)
- 5-6-7 (Crossing slightly in front each time), walk forward right, left, right, (with slight attitude)
- 8& Rock forward on left, recover

BACK, LOCK, ¼, ¼ TURN, SIDE, BACK, LOCK, COASTER, SWEEP CROSS ¼ TURN, STEP

- 1-2& Step back on left, lock right in front of left, ¼ turn right stepping back on left
- 3-4& Make ¼ turn right stepping forward on right, step side left, step back on right
- 5-6& Lock left in front of right, step back on right, step left together
- 7-8& Step right forward, sweep left foot round to cross in front of right as you start to make ¼ turn left finish turn stepping back on right (6:00)

SIDE, WEAVE, SWEEP, BEHIND, SIDE, ROCK FORWARD ON LEFT & RIGHT, COASTER, SWAY LEFT. RIGHT

- 1-2& Step side left (slightly back), right in front, left side
- 3-4& Right behind, sweep left round and step behind right, step side right
- 5-6& Rock forward on left, recover, step left next to right
- 7-8 Rock forward on right, recover weight on left
- 9&10 Step back on right, left together, step forward on right
- 11-12 Sway left and right

REPEAT

TAG

At the end of wall 3 (6:00), repeat counts 5 to 10 of the last section, plus step forward on left make ½ pivot turn right transferring weight onto right, then just repeat again
