

拍數: 64 牆數: 2 級數: Intermediate
 編舞者: Tony Willis (UK)
 音樂: Envy - Smoke2Seven



CROSS UNWIND ½ TURN LEFT, LEFT SAILOR, RIGHT SAILOR, CROSS UNWIND ¾ LEFT

1-2 Cross right foot over left, unwind ½ turn left. Weight ends up on right
 3&4 Step left behind right, step right to right side, step left to left side
 5&6 Step right behind left, step left to left side, step right to right side
 7-8 Cross left foot behind right, unwind ¾ turn left. Weight ends up on right . Facing 9:00

LEFT BACK STEP LOCK, STEP POINT, STEP CROSS, SWIVEL ½ TURN LEFT, ½ TURN RIGHT, TWIST HEELS RIGHT, LEFT, RIGHT MAKING ½ TURN LEFT

1&2 Step left back, lock step right over left, step left back
 &3&4 Step right beside left, touch left to left side, step left beside right and cross right over left
 5-6 Twist ½ turn left, twist ½ turn right
 7&8 On balls of feet twist heels right, left, right, making ½ turn left. Weight ends up on right.
 Facing 3:00

LEFT BACK COASTER, RIGHT FORWARD STEP LOCK, FULL TURN RIGHT, MAMBO ½ LEFT TURN

1&2 Step left back, step right beside left, step left forward
 3&4 Step forward on right, lock step left behind right, step forward on right
 5-6 Step back on left making ½ turn right, step forward on right making ½ turn right
 7&8 Rock forward on left, rock back on right, ½ turn left stepping forward on left. Facing 9:00

STEP HOLD, STEP HOLD, ½ TURN LEFT HOLD, FULL TRIPLE TURN LEFT

1-2 Step forward on right, hold with finger snaps
 3-4 Step forward on left, looking to left side, hold with finger snaps
 5-6 Step back on right, making ½ turn left, hold with finger snaps
 7&8 Make a full turn left, stepping left, right, left. Facing 3:00

RIGHT ROCK REPLACE CROSS, LEFT ROCK REPLACE CROSS, RIGHT BACK STEP LOCK, TRIPLE STEP ½ TURN LEFT

1&2 Rock right to right side, step left beside right, cross right over left
 3&4 Rock left to left side, step right beside left, cross left over right
 5&6 Step right foot back, lock step left over right, step back on right
 7&8 Stepping left, right, left, make ½ turn left. Weight ends on left foot, with right heel raised.
 Facing 9:00

1 ¼ TURN RIGHT, RIGHT SAILOR STEP, LEFT SAILOR CROSS

1-2 Making ½ turn right stepping forward on right foot, make a ½ turn right stepping back on left
 3-4 Step right beside left, making ¼ turn right, step left slightly forward. To face 12:00
 5&6 Step right behind left, step left to left side, step right to right side
 7&8 Step left behind right, step right to right side, cross left over right.

TOUCH RIGHT FORWARD, TOUCH RIGHT TO RIGHT, ¼ TURN RIGHT TOUCH BACK, TOUCH RIGHT HEEL FORWARD, HOLD, HOLD, WALK, WALK

1-2 Touch right toe forward, touch right toe to right side
 3-4 Making ¼ turn right, touch right toe back, touch right heel forward
 5-6 Hold, hold
 &7-8 Step right beside left, walk forward left, right. Facing 3:00

½ RIGHT STEP TURN, LEFT FORWARD STEP LOCK, WALKING ¾ TURN RIGHT

1-2 Step turn ½ turn right, stepping left, right

3&4 Step left foot forward, lock right behind left, step left foot forward

5-6 Make ¼ turn right stepping forward on right foot, make ¼ turn right stepping on left foot

7-8 Make ¼ turn right stepping on right foot, step forward on left. Facing 6:00

REPEAT
