

Nutmeg Shuffle (P)

COPPER KNOB
STEPSHEETS

拍數: 50 牆數: 0 級數: Partner
編舞者: Wayne Fields
音樂: Neon Moon - Brooks & Dunn



Position: Side by Side

RIGHT FOOT, TOUCH FORWARD, BEHIND, SCUFF

1-3 Right touch heel forward. Right touch toe back, right scuff forward

SHUFFLE FORWARD

4&5 Shuffle forward, right-left-right

LEFT FOOT, TOUCH FORWARD, BEHIND, SCUFF

6-8 Left touch heel forward, left touch toe back, left scuff forward

SHUFFLE FORWARD

9&10 Shuffle forward, left-right-left

VINE RIGHT, WITH ¼ LEFT TURN, ½ RIGHT TURN

11-13 Right step ¼ left turn, (raise right arm over lady's head), left cross behind right, right step ½ right turn. (raise right arm over lady's head)

VINE LEFT, WITH ¼ LEFT TURN

14-16 Left step side left, right cross behind left, left step ¼ left turn (side by side facing LOD)

TWO JAZZ SQUARES

17-24 Right cross over left, step left back, right step side right, left step in place (repeat)

TWO MILITARY PIVOTS

25-28 Step right forward, pivot ½ left turn, (release right hands, raise left arm, as man steps under) right step forward, pivot ½ left turn, (left arm stays raised, and goes over lady's head)

STEP, SCUFF, STEP SCUFF

29-32 Step right forward, left scuff, step left forward, right scuff

STEP BACK. ROCK BACK, STEP. SCUFF, STEP SCUFF

33-38 Step right back, left rock step back, right rock forward, left scuff, step left forward, right scuff

FOUR SHUFFLES FORWARD

39-50 Shuffle forward, right-left-right, left-right-left. Right-left-right, left-right-left

REPEAT
