

# Nutbush City Strut

拍數: 64      牆數: 4      級數: Improver  
編舞者: Shirlea Alexandra (UK) & Keith Rye (UK)  
音樂: Nutbush City Limits - Tina Turner



## RIGHT HEEL HOOKS

- 1-2      Touch right heel forward, cross right foot in front of left leg  
3-4      Touch right heel forward, cross right foot in front of left leg

## RIGHT GRAPEVINE

- 5-8      Step right to right side, step left behind right, step right to right side, tap left toe to right foot

## LEFT HEEL HOOKS

- 9-10      Touch left heel forward, cross left foot in front of right leg  
11-12      Touch left heel forward, cross left foot in front of right leg

## LEFT GRAPEVINE

- 13-16      Step left to left side, step right behind left, step left to left side, tap right toe to left foot

## ROLLING RIGHT TURN WITH CLAPS

- 17-18      Step right foot to right side, clap  
19-20      On ball of right foot make a ½ pivot to the right, clap  
21-22      On ball of left foot make a ½ pivot to the right, clap  
23-24      Bump hips to left, bump hips to right

## LEFT CAMEL WALK TURNING ¼, SCUFF, RIGHT CAMEL WALK, SCUFF

- 25-28      Making ¼ turn to the left step left foot forward, step right against left, step left foot forward, scuff right foot forward  
29-32      Step right foot forward, step left against right, step right foot forward, scuff left foot forward

## ROCK-RECOVER, ROLLING TURN WITH CLAPS

- 33-34      Rock forward on left, recover on right  
35-36      Making ¼ turn to the left, step left to left side, clap  
37-38      On ball of left foot make ½ pivot to the left, clap  
39-40      On ball of right foot make ¼ pivot to the left, clap and tap right foot to side of left

## ROCK CROSS STEPS TWICE

- 41-43      Step right foot to right side, rock weight onto left, cross step right over in front of left, hold  
45-47      Step left foot to left side, rock weight onto right, cross step left over in front of right, hold

## TOE STRUTS X 4

- 49-52      Step right toe forward, flatten right foot, step left toe forward, flatten left foot  
53-56      Step right toe forward, flatten right foot, step left toe forward, flatten left foot

## STRUTTING JAZZ BOX

- 57-60      Cross strut step right over left, flatten right heel to floor. Strut step back on left, flatten left heel to floor  
61-64      Strut step right to right side, flatten right heel to floor, stomp left twice beside right

## REPEAT