

Nuoren Likan Elämä

COPPER KNOB
STEPPSHEETS

拍數: 32 牆數: 4 級數: Improver west coast swing
編舞者: Marjo Lindholm & Minna Lindholm
音樂: Nuoren Likan Elämä - Lauri Tähkä & Elonkerjuu



STEP, STEP, ROCK AND CROSS, STEP, STEP, ROCK AND CROSS

1-2 Facing left corner, step forward left, right
3&4 Rock left to the side, rock back to right, step left across right (turning to face right corner)
5-6 Step forward right, left
7&8 Rock right to the side, rock back to left, step right across left

SIDE STEP, HOLD, TURNING ROCK, STEP, STEP, HOLD, PIVOT ½ TURN RIGHT

1-2 Step left to the side, hold
3-4 Rock right behind left turning ¼ right, step left forward
5-6 Step right forward, hold
7-8 Step forward left, pivot ½ turn right

STEP, HOLD, STEP, HOLD, ROCK STEP, SHUFFLE TURN

1-2 Step forward on left, hold
3-4 Step forward on right, hold
5-6 Rock left forward, rock back to right
7&8 Step left back turning ¼ left, step right together, step left to left turning ¼ left

ROCKING CHAIR, PIVOT ½ TURN LEFT, TURN ½ LEFT AND TOUCH ACROSS, CLAP HANDS

1-2 Rock right forward, rock back to left
3-4 Rock right back, rock forward to left
5-6 Step forward right, pivot ½ to left
7 Turn ½ to left bringing right foot around and back (you end with left toe touch in front of right)
&8 Clap hands together twice

REPEAT

TAG

After 1st and 4th wall

SIDE, TOGETHER, SIDE, TOUCH, PIVOT ½ TURN, PIVOT ½ TURN

1-2 Step left to left side, step right together
3-4 Step left to left side, touch right together
5-6 Step right forward, pivot ½ turn left
7-8 Step right forward, pivot ½ turn left

SIDE, TOGETHER, SIDE, TOUCH, PIVOT ½ TURN, PIVOT ½ TURN

1-2 Step right to left side, step left together
3-4 Step right to right side, touch left together
5-6 Step left forward, pivot ½ turn right
7-8 Step left forward, pivot ½ turn right