

# The Number One

**COPPER KNOB**  
BY STEPHEN

拍數: 32      牆數: 4      級數: Intermediate/Advanced  
編舞者: Toni Donkers (NL)  
音樂: Lookin' Out For Number 1 - Travis Tritt



## **JUMP OUT, IN, OUT ¼, RUNNING MANS, COASTER STEP, SHUFFLE**

1&2      Jump left and right foot out, left and right foot in together, jump right and left foot out ¼  
3&4      Right foot scoot back and left toe touch forward, left foot scoot back right to touch forward,  
left foot scoot back and right toe touch forward  
5&6      Right foot step back, left foot in place, right foot step forward  
7&8      Left foot step forward, right foot slide to left foot, left foot step forward

## **PADDLE TURNS, SAILOR STEPS, CROSS BEHIND, TURN**

9&10      Right toe touch right with a turn ¼ left, hitch right knee ¼ left, right toe touch right with a turn ¼  
left  
11&12      Right foot cross behind left foot, left foot step left, right foot step right  
13&14      Left foot cross behind right, right foot step right, left foot step left  
15-16      Right foot cross behind left foot, right and left foot turn ½ right

## **MASHED POTATOES, SWIVEL TURN, SAILOR STEP FORWARD**

&17&18      Swivel heels out, left step forward and swivel heels in, swivel heels out, swivel heels in  
&19&20      Swivel heels out, left foot step back and swivel heels in, swivel heels out, right foot step back  
and swivel heels in  
21&22      Swivel heels to left, swivel heels back (center), swivel heels left with ½ turn to right  
23&24      Cross right foot over left foot, step left foot to left, step right foot to right

## **JUMP-OUT, HITCH SCOOT, TOUCH, JUMP-OUT, HITCH SCOOT, TOUCH SCUFF, SCOOT, STEP, SWIVEL TURN**

25&26      Jump out, left foot hitch and right foot scoot back, left touch back.  
27&28      Jump out, right foot hitch and scoot back left, right foot touch back  
29&30      Right foot scuff in front, left foot scoot forward, right foot step forward  
31&32      Swivel heels to the right, swivel heels in place, right foot and left foot turn ¼ left

## **REPEAT**

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