

# Number 1

**COPPER KNOB**  
BY STEPHEN METZ

拍數: 24      牆數: 4      級數: Beginner  
編舞者: Anne Elmar (SWE)  
音樂: My Number One - Elena Paparizou



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## VINE RIGHT, TOUCH, WINE LEFT, TOUCH

1-4      Vine to right, touch left toe to the right instep  
5-8      Vine to left, touch right toe to the left instep

## HEEL, HEEL, TOE TOUCH

1-4      Touch right heel forward two times, touch right toe back, touch right toe to the left instep  
5-8      Touch left heel forward two times, touch left toe back, touch left toe to the right instep

## MONTEREY, WALK, WALK, STOMP, STOMP

1-2      Point right toe to right, turn  $\frac{1}{2}$  turn right stepping right beside left  
3-4      Point left toe to left side, step left beside right  
5-8      Walk right, left forward, stomp right, stomp left

## REPEAT

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