

# Number One

拍數: 42      牆數: 1      級數: Improver  
編舞者: Mel Llewellyn & Avril Llewellyn  
音樂: 10 Disc 1 - S Club 7



## STEP, STEP, STEP, STEP, SHUFFLE, SHUFFLE

1-2              Kick right forward, step back on right kicking left forward  
3-4&            Step back on left kicking right forward, step back on right, kicking left forward, replace left  
5&6              Shuffle forward right right/left/right  
7&8              Shuffle forward left left/right/left

## STEP, PIVOT, STEP, PIVOT, TOUCH, TOUCH, CROSS, UNWIND

9-10             Step forward on right, pivot ½ turn  
11-12            Step forward on right, pivot ½ turn  
13&14            Touch right to right side, replace right next to left, touch left to left side  
15-16            Cross left over right, unwind over right shoulder ½

## TOUCH, TOUCH, CROSS, UNWIND, STEP, STEP

17&18            Touch right to right side, replace right next to left, touch left to left side  
19-20            Cross left over right, unwind over right shoulder ½  
21-22            Step back right toe, heel  
23-24            Step back left toe, heel

## STEP, STEP, STEP, PIVOT, STEP, PIVOT, ROCK, STEP

25-26            Step back right toe, heel  
27-28            Step back left toe, heel  
29&              Step forward right, pivot ¼ left  
30&              Step forward right, pivot ¼ left  
31-32            Rock forward right, step back left

## TURN, ROCK, ROCK, COASTER, STEP

33&34            Turn ½ right/left/right to right  
35-36            Rock forward left, rock back right  
37&38            Step back left, step right next to left, step left forward  
39-40            Step forward right toe, heel

## STEP

41-42            Step forward left toe, heel

## REPEAT

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