

Numa Numa

拍數: 0 牆數: 4 級數: Intermediate
編舞者: Phil Dennington (UK)
音樂: Dragostea Din Tei - O-Zone



Sequence: AA BBBB AA BBBB (Start on vocals "hello")

SECTION A

WALK FORWARD, KICK, CLAP, WALK BACK, TOUCH

1-2-3-4 Walk forward stepping, left, right, left, kick right forward (clap)
5-6-7-8 Walk back stepping, right, left, right, touch left beside right

ROLLING VINE RIGHT, ROLLING VINE LEFT

1-2-3-4 Turning $\frac{1}{4}$ left step forward left, turning $\frac{1}{4}$ left step right to right/ side turning $\frac{1}{4}$ left step left to left side, touch right beside left
5-6-7-8 Turning $\frac{1}{4}$ right step forward right, turning $\frac{1}{4}$ right step left to left/side turning $\frac{1}{4}$ right step right to right side, touch left beside right

CROSS POINT, CROSS POINT, FORWARD, ROCK $\frac{1}{2}$ TURN

1-2 Cross step left over right, point right out to right side
3-4 Cross step right over left, point left out to left side
5-6 Rock forward left, rock back in place on right
7-8 Turning $\frac{1}{2}$ left step forward on left, right, left

CROSS POINT, CROSS POINT, FORWARD ROCK $\frac{3}{4}$ RIGHT

1-2 Cross step right over left, point left out to left side
3-4 Cross step left over right, point right out to left side
5-6 Rock forward right, rock back in place on left
7-8 Turning $\frac{3}{4}$ right stepping, right, left, right

SECTION B

WALKS FORWARD KICK, WALKS BACK(WITH ARM DEFINITIONS)TOUCH

1-2 Walk forward left(arms out to left)walk forward right(arms out to right)
3-4 Walk forward left (arms out to left)kick right foot forward(clap)
5-6 Walk back right(arms out to right)walk back left(arms out to left)
7-8 Walk back right(arms out to right)touch left beside right

ROLLING VINE LEFT, ROLLING VINE RIGHT/TURNING $\frac{3}{4}$ RIGHT

1-2-3-4 Turning $\frac{1}{4}$ left step forward left, turning $\frac{1}{4}$ left step right to right/side turning $\frac{1}{2}$ left step left to left side, touch right beside left
5-6-7-8 Turning $\frac{1}{4}$ right step forward right, turning $\frac{1}{4}$ right step left to left/side, turning $\frac{3}{4}$ right step forward right, step forward left

WALKS FORWARD KICK, WALKS BACK(WITH ARM DEFINITIONS)TOUCH

1-2 Walk forward right(arms out to right)walk forward left(arms out to left)
3-4 Walk forward right(arms out to right)kick left foot forward(clap)
5-6 Walk back left(arms out to left)walk back right(arms out to right)
7-8 Walk back left(arms out to left)touch right beside left

ROLLING VINE RIGHT, ROLLING VINE LEFT/TURNING $\frac{3}{4}$ LEFT

1-2 Turning $\frac{1}{4}$ right, step forward right, turning $\frac{1}{4}$ right step left to left
3-4 Turning $\frac{1}{4}$ right step right to right side, touch left beside right

5-6
7-8

Turning $\frac{1}{4}$ left step forward left, turning $\frac{1}{4}$ left step right to right side
Turning $\frac{3}{4}$ left step forward left, step forward right
