

# Nude Scoot

拍數: 48      牆數: 4      級數: Improver  
編舞者: Roy Greene (USA)  
音樂: One Way Ticket - LeAnn Rimes



## STOMP, STOMP

1-2      Weight on right foot, stomp left foot twice

## SIDE, HOOK, SIDE, BEHIND, SIDE, TOUCH

3      Weight remaining on right foot, touch, point left toe out to left side  
4      Weight remaining on right foot, hook left leg over right shin  
5      Weight remaining on right foot, touch, point left toe out to left side  
6      Weight remaining on right foot, hook left leg behind right shin  
7      Weight remaining on right foot, touch, point left toe out to left side  
8      Weight remaining on right foot, touch left toe next to right foot

## SIDE, HITCH, CROSS, HOLD

9      Weight remaining on right foot, touch, point left toe out to left side  
10      Weight remaining on right foot, hitch left knee diagonally across right leg  
11      Step left foot down over right foot, weight on left foot  
12      Hold

## SIDE, HITCH, CROSS, HOLD

13      Weight remaining on left foot, touch, point right toe out to right side  
14      Weight remaining on left foot, hitch right knee diagonally across left leg  
15      Step right foot down over left foot, weight equally on balls of both feet  
16      Hold

## TWIST, TWIST, TURN AROUND

17      Weight equally on balls of both feet, with feet crossed, swivel heels right  
18      Weight equally on balls of both feet, with feet still crossed, swivel heels left  
19      Weight equally on balls of both feet, with feet still crossed, swivel heels right, beginning ½ left turn  
20      Complete ½ left turn, unwinding, weight ending on right foot

## STEP, SLIDE, STEP, TOUCH

21      Step left foot forward, weight on it  
22      Slide right foot up behind or next to left foot, weight on right foot  
23      Step left foot forward, weight on it  
24      Weight remaining on left foot, touch right toe next to left foot

## BACK, HEEL AND TOUCH, BACK, HEEL AND TOUCH \*

25      Step right foot back, weight on it  
26      Weight remaining on right foot, tap left heel forward  
27      Step left foot next to right foot, weight on left foot  
28      Weight remaining on left foot, touch right toe next to left foot  
29-32      Repeat steps 25-28 (see variation)

## VINE, 2, TURN, BRUSH

33      Step right foot to right side, weight on it  
34      Cross left foot behind right foot, weight on left foot

- 35 Begin ¼ right turn by stepping right foot ¼ right, weight on it  
36 Complete right turn, brushing left foot next to right foot, left foot remaining slightly raised

### **SCOOT, SCOOT, STOMP, STOMP**

- 37-38 With left foot remaining slightly raised, scoot back twice on right foot  
39 Stomp left foot next to right foot, weight on left foot  
40 Stomp right foot next to left foot, weight ending on right foot (men place fists on hips at this time)

### **HANGING OUT-WOMEN'S STEPS**

#### **GRAB BLOUSE & PULL IT OFF!**

- 41 Weight on both feet, cross right hand to left hip  
42 Weight on both feet, cross left hand to right hip  
43-44 Raise hands up & over head, kinda' wiggling hips, as if wriggling out of blouse

#### **SHAKE 'EM FRONT, SHAKE 'EM BACK!**

- 45-46 Weight equally on both feet, bend forward from waist and shimmy shoulders for 2 counts  
47-48 Straighten up, shimmying back, weight ending on right

### **HANGING OUT -MEN'S STEPS**

#### **HIP, HIP, HIP, HOLD**

- 41-44 Weight on both feet, fists already at hips, slide right hand down a little, left hand down a little; right down (simulating removal of pants)&hold, weight ending on right foot (see variations)

#### **LOOK AT ME, LOOK AT ME! (HEEL, HOME/HEEL, HOME)**

- 45 Weight on right, tap left heel 45 degrees diagonally forward  
46 Step left foot next to right foot, weight on left foot  
47 Weight on left, tap right heel 45 degrees diagonally forward  
48 Step right foot next to left foot, weight on right foot

**Depending on stance or spread of legs, this will be a kind of "bragging move"**

### **REPEAT**

**VARIATIONS (especially for music other than NUDE BOOTSCOOTIN') Dancers might do hip bumps or body rolls on Steps 41-44 or substitute any favorite fast 8 count for steps 41-48**

**Substitute 2 sets of double time BACK HEEL AND TOUCH on steps 29-32, for the one single time set**

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