

Nowhere Train

拍數: 52 牆數: 4 級數: Improver
編舞者: Bev Sandiford (AUS) & Jeanette Cartwright (AUS)
音樂: Nowhere Train - Carlene Carter



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- 1-4 Right heel 45, right toe across left 45, together
5-6 Left heel 45, left toe across right
7-8 Left heel 45, scoot right and hitch left knee
- 9-12 Left lock step and feet together
13-14 Jump out, jump in crossing right over left
15-16 Jump out, jump together (moving back)
- 17-18 Right 45, slap right heel behind with right hand
19-20 Touch right toe to side and step down on right heel
21-22 Left 45, slap left heel behind with left hand
23-24 Touch left toe to side and step down on left heel
- 25-26 Jump out, jump in crossing right over left
27-28 Jump out, jump in bringing feet together
29 Step forward on right foot pivoting ¼ turn to the left
30-32 Repeat this chug step 3 times (end up facing original position)
- 33-36 Tap right heel over left, hop on left hitch right, feet together & clap
37-40 Tap left heel over right, hop on right hitch left, feet together & clap
- 41-44 Vine right, tap left beside right
45-48 1-¼ rolling vine left
49-52 Heel splits, heel splits

REPEAT
