

Now I Can Dance!

COPPER KNOB
BY STEPHEN

拍數: 0 牆數: 2 級數: Improver
編舞者: Joseph Yip (SG)
音樂: Do You Love Me - The Contours



Sequence: AB, AA, BB, AA(Omitting last 8 counts-do up to 5th eight where music will soften down), BB
Dedicated to Ruby Low and her group from Kuala Lumpur, Malaysia for their enthusiasm & friendship

SECTION A

MASHED POTATOES BACK, RIGHT VINE ¼ RIGHT TURN, STOMP

- 1 With weight on ball of left foot, turn both toes inward & lift right foot slightly off floor
- 2 Step back on right foot, turning both toes outward
- 3 With weight on ball of right foot, turn both toes inward & lift left foot slightly off floor
- 4 Step back on left foot, turning both toes outward
- 5-8 Right to right, left behind right, right forward ¼ turn right, left stomp next to right

SWIVEL HEELS, TOES LEFT, RIGHT VINE ¼ RIGHT TURN, STEP

- 1-2-3-4 Swivel heels left, then toes left, for steps 3-4 repeat 1-2
- 5-8 Right to right, left behind right, right forward ¼ turn right, left step next to right

MONTEREY ½ TURN RIGHT TWICE

- 1-2 Right toe touch side, turn ½ right & step on right next to left
- 3-4 Left toe touch side, left step next to right (weight on left)
- 5-8 Repeat 1-4

TOE STRUTS, 'ROCKING CHAIR'

- 1-4 Right toe touch back, snap down right heel, left toe touch back, snap down left heel
- 5-6-7-8 Step back right, rock onto left, step forward right, rock onto left

TOE STRUTS, 'ROCKING CHAIR'

- 1-4 Right toe touch back, snap down right heel, left toe touch back, snap down left heel
- 5-6-7-8 Step back right, rock onto left, step forward right, rock onto left

RIGHT VINE (OPTIONAL FULL TURN), TOUCH, LEFT VINE ½ TURN LEFT, STEP

- 1-2-3-4 Step right to right, step left behind right, step right to right, touch left next to right
- 5-6-7-8 Step left to left, step right behind left, step forward left ¼ left, step right next to left turning ¼ left on left

SECTION B

JUMP BACK & HOLD TWICE, MONTEREY ½ TURN RIGHT

- 1-2 Bending knees slightly jump back on both feet with both palms pushing forward, hold
- 3-4 Repeat 1-2
- 5-6 Right toe touch side, turn ½ right & step on right next to left
- 7-8 Left toe touch side, left step next to right (weight on left)

JUMP BACK & HOLD TWICE, SHIMMY RIGHT, STEP

- 1-2 Bending knees slightly jump back on both feet with both palms pushing forward, hold
- 3-4 Repeat 1-2
- 5-7 Step long step right to right side, shimmying shoulders (over 3 counts)
- 8 Step left next to right with a clap

JUMP BACK & HOLD TWICE, PIVOT ½ TURN LEFT TWICE

1-2 Bending knees slightly jump back on both feet with both palms pushing forward, hold
3-4 Repeat 1-2
5-6-7-8 Step right forward, pivot ½ turn left, twice

CROSS STEP, HOLD & CLAP 2, SIDE, HOLD & CLAP, TWICE

1&2-3-4 Right cross over left(1), hold & clap twice(&2), left to left(3), hold &clap(4)
5&6-7-8 Repeat 1&2-3-4
