

# Now I Can Dance

**COPPERKNOB**  
BY STEPHEN T. C.

拍數: 32      牆數: 4      級數: Improver  
編舞者: Phil Sharp (UK)  
音樂: Now I Can Dance - Tina Arena



---

## STOMP-HOLD / 2 SAILOR STEPS (TRAVEL BACK) / CROSS BEHIND-UNWIND $\frac{3}{4}$

1-2            Stomp left foot in place (spread arms down to sides), hold position for one count  
3&4           Step right behind left, step left slightly to left, step right slightly right  
5&6           Step left behind right, step right slightly to right, step left slightly left  
7-8           Cross right behind left heel, unwind  $\frac{3}{4}$  right

**Travel back on sailor steps**

## SHUFFLE FORWARD / SKATE TWICE / ROCK STEP / COASTER STEP

1&2           Shuffle forward on left-right-left  
3-4           Slide right foot forward on slight diagonal right, slide left foot forward on slight diagonal left  
5-6           Step right foot forward, rock weight back onto left  
7&8           Step back on right, step left next to right, step right forward

## SIDE ROCK / CROSS SHUFFLE / STEP-SLIDE-STEP TOGETHER-STEP-TOUCH

1-2           Step left to left side, rock weight onto right foot  
3&4           Cross left over in front of right, step right to right, cross left over in front of right  
5-6           Step long step right to right side (spread arms to sides), slide left next to right  
&7           Step left in place next to right, step right to right side  
8           Touch left toe next to right foot (close arms back to body)

## 1 $\frac{1}{4}$ TURN LEFT / SCUFF TWICE / $\frac{1}{4}$ TURN RIGHT AND SCUFF / SHUFFLE FORWARD

1-3           Making 1  $\frac{1}{4}$  turn left stepping on left-right-left  
4           Scuff right foot forward  
5           Scuff right foot back  
6           Scuff right foot forward making  $\frac{1}{4}$  turn right on ball of left foot  
7&8           Shuffle forward on right-left-right

**A grapevine with  $\frac{1}{4}$  turn left can be substituted for the 1  $\frac{1}{4}$  turn left**

**REPEAT**

---