

# Now And Then

拍數: 64      牆數: 4      級數: Intermediate  
編舞者: Karen Breayley  
音樂: Lonesome Wins Again - Stacy Dean Campbell



## RIGHT FORWARD 45, TOUCH LEFT, ROCK BACK 45, FORWARD, TOUCH

1-2            Step forward 45 on right, touch left beside right  
&3-4          Step back on left, step forward on right, touch left beside right

## LEFT FORWARD 45, TOUCH RIGHT, ROCK BACK 45, FORWARD, TOUCH

1-2            Step forward 45 on left, touch right beside left  
&3-4          Step back on right, step forward on left, touch right beside left  
1-8            Repeat last 8 counts

## HEEL, TOE, HEEL, TOE

1-2            Right heel out, right toe out  
3-4            Left heel in, left toe in  
5-8            Repeat last 4 counts

## RIGHT KICK BALL CHANGE TWICE

1&2            Kick right forward, step right beside left, step left in place  
3&4            Kick right forward, step left beside right, step left in place

## VINE RIGHT, VINE LEFT

1-4            Step right to right side, step left behind right, step right, touch left  
5-8            Step left to left side, step right behind left, step left, touch right

## ROCK, ROCK, SHUFFLE BACK, ROCK, ROCK, SHUFFLE FORWARD

1-2-3&4        Right rock forward, left rock back, shuffle back right left right  
5-6-7&8        Left rock back, right rock forward, shuffle forward left right left

## MONTEREY TURN

1-4            Point right to right side, turn ½ turn right on left foot, step right together, point left to left side, step left beside right

## STEP, STEP, ¼ turn RIGHT, STEP, SCUFF

1-2            Step right in place, step left beside right  
&3-4          Turn ¼ right step in place, left step in place, scuff right

## SHUFFLE RIGHT, SHUFFLE LEFT

1&2            Shuffle right left right  
3&4            Shuffle left right left

## FORWARD OUT, OUT BACK, CLOSE, TWICE

1-2            Step forward right 45, step forward left 45  
3-4            Step back right 45, step back left 45  
5-8            Repeat last 4 counts

## REPEAT