

Now & Then

拍數: 32 牆數: 4 級數: Intermediate
編舞者: William Sevone (UK)
音樂: (Now and Then There's) A Fool Such as I - Elvis Presley



2X SIDE ROCK-ROCK-FORWARD SAILOR STEP

1-2 Rock right foot to right side, rock onto left foot
3&4 Cross step right foot behind left, step left foot to left side, step forward onto right foot
5-6 Rock left foot to left side, rock onto right foot
7&8 Cross step left foot behind right, step right foot to right side, step forward onto left foot

STEP BEHIND, ½ RIGHT, HEEL SWITCH, TOGETHER-SCUFF 'N' STEP FORWARD, SCUFF 'N' STEP FORWARD

9-10 Cross step right foot behind left, unwind ½ right (weight on right)
11&12 Touch left heel forward, step left foot next to right, touch right heel forward
&13-14 Step right foot next left, scuff left foot forward, step forward onto left foot
15-16 Scuff right foot forward, step forward onto right foot

STEP FORWARD, ¾ RIGHT SIDE STEP, HEEL-TOGETHER-¼ LEFT STEP FORWARD, ROCK, ROCK, ½ LEFT STEP FORWARD, CROSS TOE TOUCH

17-18 Step forward onto left foot, turn ¾ right & step right foot to right side
19&20 Touch left heel diagonally forward right, step left foot next to right, turn ¼ left & step forward onto right foot,
21-22 Rock forward onto left foot, rock onto right foot
23-24 Turn ½ left & step forward onto left foot, cross touch right toe over left foot

¼ RIGHT SHUFFLE FORWARD, ROCK, ROCK, ¾ LEFT SHUFFLE FORWARD, SIDE STEP, ¾ LEFT STEP FORWARD

25&26 Turn ¼ right & step forward onto right foot, close left foot behind right, step forward onto right foot
27-28 Rock forward onto left foot, rock onto right foot
29&30 Turn ¾ left & step forward onto left foot, close right foot behind left, step forward onto left foot
31-32 Step right foot to right side, turn ¾ left & step forward onto left foot

REPEAT

DANCE FINISH

The dance will finish on count 32 of the 9th wall (facing 3:00), to end dance with a flourish and facing home (12:00) do the following:

32 Turn full turn left & step forward onto left foot with left hand on hat brim and right hand on right hip