

Nothing To Lose (But What Do I Know)

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 2 級數: Intermediate/Advanced
編舞者: Lesley Johnston (AUS)
音樂: What Do I Know - Ricochet



STEP LEFT ACROSS, ROCK HIP & HIP, STEP RIGHT ACROSS $\frac{3}{4}$ TURN

1-2 Step left over right (body turning slightly to right), rock back onto right
3&4 Step left to side as you rock hips left the right-left on spot
5-6 Step right over left, rock back on left
7&8 Turning $\frac{3}{4}$ turn to right as you step right-left-right (you can use hips too!!)

STEP LEFT ACROSS, ROCK HIP & HIP, STEP RIGHT ACROSS $\frac{3}{4}$ TURN

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3&4 Step left to side as you rock hips left the right-left on spot
5-6 Step right over left, rock back on left
7&8 Turning $\frac{3}{4}$ turn to right as you step right-left-right (you can use hips too!!)

STEP LEFT ACROSS, SIDE BEHIND & ACROSS, HEEL FORWARD, TOE BACK $\frac{1}{2}$ TURN

1-2 Step left over right, step right to right
3&4 Step left behind right, right to right side, left across right
5-6 Right heel forward, right toe back
7-8 Pivot $\frac{1}{2}$ turn to right & brush right heel across left shin

STEP LOCK & SHUFFLE, STEP LOCK SHUFFLE

1-2 Step right forward at 45 degrees, lock left behind right
3&4 Shuffle & lock forward right-left-right (optional attitude hips forward, back, forward)
5-6 Turning body to left - step left forward at 45 degrees, lock right behind left
7&8 Shuffle & lock forward left-right-left

STEP $\frac{1}{2}$ TURN ACROSS, ACROSS, STEP ROCK, ACROSS, ACROSS

1-2 Step forward on right & pivot $\frac{1}{2}$ turn left & straighten body to face back wall
3&4 Right heel over left, left to side, right heel over left
5-6 Step left at 45 degrees, rock onto right
7&8 Step left across right, right to side, left across right

STEP HOOK, STEP HOOK, STEP HOOK, STEP & CLOSE (SKIRT WORK)

1-2 Step right forward at 45 degrees & as you pivot $\frac{1}{2}$ turn left, hook left across right shin (dip as you turn)
3-4 Step left forward at 45 degrees & as you pivot $\frac{1}{2}$ turn right, hook right across left shin (dip as you turn)
5-6 Step right forward at 45 degrees & as you pivot $\frac{1}{2}$ turn left, hook left across right shin (dip as you turn)
7-8 Step left forward at 45 degrees & bring right to meet left as you straighten to face back wall

REPEAT