

Nothin' Shakin'

拍數: 48 牆數: 4 級數: Improver
編舞者: Yvonne Anderson (SCO)
音樂: Nothin' Shakin' - Steven Wayne Horton



ROCK, RECOVER ½ TURN SHUFFLE RIGHT TWICE, RIGHT COASTER

1-2 Rock forward right, recover weight on left
3&4 Make ½ turn shuffle right on right, left, right (6:00)
5-6 Make ½ turn shuffle right on right, left, right (12:00)
7&8 Step back right, & step left in place, step right slightly forward

STEP, POINT, STEP, POINT, TOE SWITCH MONTEREY ½ TURN RIGHT, SIDE ROCK, RECOVER

1-2 Step forward left, point right to side
3-4 Step forward right, point left to side
&5-6& Step left beside right, touch right toes to side, on ball of left make ½ turn right stepping right beside left (6:00)
7-8 Rock left to left, recover weight on right

BEHIND-¼ TURN RIGHT-STEP, DIAGONAL STEP-LOCK-STEP RIGHT & LEFT, STEP-½ TURN LEFT-STEP

1&2 Step left behind right, & making ¼ turn right step right to side, step left forward (9:00)
3&4 Step right forward to right diagonal, & lock left behind right, step right forward to right diagonal (10:30)
5&6 Step left forward to left diagonal, & lock right behind left, step left forward to left diagonal (7:30)
7&8 Step right forward (squaring off to wall), & make ½ turn left taking weight on left, step right forward (3:00)

FORWARD LEFT SHUFFLE, STEP, HOLD WITH CLAPS, LOCK-STEP-HOLD WITH CLAPS, STEP, ¼ TURN RIGHT

1&2 Shuffle forward stepping left, right, left
3&4 Step right forward, & hold and clap hands, clap hands
&5-6& Step left behind right, step right forward and clap hands, hold and clap hands
7-8 Step left forward, make ¼ turn right taking weight on right (6:00)

CROSS SHUFFLE, ¾ TRIPLE TURN RIGHT, STEP, HOLD WITH CLAPS, LOCK-STEP-HOLD WITH CLAPS, STEP ½ TURN LEFT TWICE, HIP BUMPS

1&2 Step left across right, & step right to right, step left across right
3&4 Make ¾ turn left stepping right, left, right (9:00)
5-6 Step left forward, & hold and clap hands, clap hands
&7-8& Lock right behind left, step left forward and clap hands, hold and clap hands

1-2 Step right forward make ½ turn left, take weight on left (3:00)
3-4 Step right forward make ½ turn left, take weight on left (9:00)
5-6 Touch right forward and bump hips forward, bump hips back
7&8 Circle hips forward and around weight ends on left

REPEAT