

Nothin On Me

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Julie Dowse (AUS)
音樂: Nothin On Me - Shawn Colvin



OUT/OUT, CROSS/STEP, ½ TWIST, ¼ TWIST, BACK COASTER, STEP FORWARD CROSS/STEP

- &1-2-3-4 Step right to right, step left to left, cross/step right over left, twist heels to right turning body ½ turn left (6:00), twist heels to left turning body ¼ turn right (weight left), (9:00)
- 5&6-7-8 Step back on right, step left beside right, step right forward, step left forward, cross/step right over left (weight right)

¼ TURN STEPPING BACK, LOCK STEP BACK, STEP BACK, SHUFFLE ½ TURN, CROSS/STEP, STEP BACK, ¾ TRIPLE TURN

- &1-2-3&4 ¼ turn over right stepping back on left, lock right in front of left, step back on left (12:00), ½ turn shuffle over right - right, left, right - (6:00)
- 5-6-7&8 Cross/step left over right, step back on right, ¾ triple turn over left - left, right, left - (9:00)

OUT/OUT, HOLD, LEFT SAILOR, BACK SHUFFLE, ½ TURN, ½ TURN

- &1-2-3&4 Step right to right, step left to left (weight right), hold, step left behind right, rock right to right, rock weight to center

Restart from here on wall 9

- 5&6-7-8 Shuffle back - right, left, right - ½ turn over left stepping left forward, ½ turn over left stepping back on right (9:00)

ROCK BACK, ROCK FORWARD, BALL STEP, TOUCH RIGHT TOE BACK, ½ TURN, STEP BACK, STEP BACK, ½ TURN, STEP FORWARD

- 1-2&3-4 Rock/step back on left, rock forward on right, & step left beside right, touch right toe behind (weight left), ½ turn over right, (weight left) (3:00)
- 5-6-7-8 Step back on right, step back on left, ½ turn over right stepping forward on right, step forward on left (9:00)

REPEAT

TAG

Occurs on wall 4. Repeat last 8 counts (25-32) starting with an "&" count to transfer weight to right before stepping back on left

RESTART

Occurs on wall 9. Dance to count 20 (left sailor step) then restart dance
