

Nothin' On Cha 3

拍數: 32 牆數: 4 級數: Improver social cha
編舞者: EJ Foley (CAN)
音樂: Nothing On but the Radio - Gary Allan



-
- 1 Step forward with left shifting weight onto left
2 Rock weight back onto right
3&4 ½ turning cha-cha to left, left, right, left
5 Step forward with right shifting weight onto right
6 Rock weight back onto left
7&8 ½ turning cha-cha to right, right, left, right

9 Step to left with left, shifting weight onto left
10 Rock weight back onto right
11&12 Cha-cha stepping back with left, right beside left, step left forward
13 Step to right with right, shifting weight onto right
14 Rock weight back onto left
15&16 Cha-cha stepping back with right, left beside right, step right forward

17 Step across front of right with left, making ¼ turn right and step left forward, shifting weight onto left
18 Rock weight back onto right
19&20 Making ½ turn to left, cha-cha left, right, left
21 Step forward with right, shifting weight onto right
22 Rock weight back onto left
23&24 Making ¼ turn to right, cha-cha right, left, right

25 Step forward with left, with weight evenly distributed
26 Making ¼ turn to right, shifting weight onto right
27&28 Making a full turn to left, cha-cha forward stepping left, right left
29 Step forward with right, with weight evenly distributed
30 Make ½ turn to left, shifting weight onto left
31&32 Making a full turn to left, cha-cha forward stepping right, left, right

REPEAT
