

Nothin' On

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Andrew Palmer (UK), Simon Cox (UK) & Sheila Palmer (UK)
音樂: Nothing On but the Radio - Gary Allan



SWAY RIGHT, SWAY LEFT, RIGHT CHASSÉ, PIVOT ½ RIGHT, LEFT SHUFFLE

1-2 Sway right side right, sway left
3&4 Step right side right, step left in place beside right, step right side right
5-6 Step left forward, pivot ½ right (6:00)
7&8 Left shuffle forward

STEP SIDE RIGHT, STEP TOGETHER, RIGHT CHASSÉ ¼ RIGHT, PIVOT ½ RIGHT, LEFT SHUFFLE

1-2 (Large) step right side right, step left in place beside right
3&4 Step right side right, step left in place beside right, ¼ right (9:00) step right forward
5-6 Step left forward, pivot ½ right (3:00)
7&8 Left shuffle forward

RIGHT TOUCH FORWARD, RIGHT TOUCH SIDE, RIGHT SAILOR ¼ RIGHT, LEFT TOUCH FORWARD, ½ LEFT STEP LEFT FORWARD, TRIPLE ½ LEFT

1-2 Touch right (toe) forward, touch right (toe) side right
3&4 Step right behind left turning ¼ right (6:00), step left in place beside right, step right slightly forward
5-6 Touch left (toe) forward, ½ left (12:00) step left forward
7&8 ½ left as you shuffle right-left-right (6:00)

LEFT ROCK BACK, RECOVER, TRIPLE FULL TURN FORWARD, RIGHT ROCK FORWARD, RECOVER, RIGHT COASTER-CROSS

1-2 Rock left back, recover weight to right
3&4 Full turn right as you shuffle forward left-right-left
Easier option: left shuffle forward
5-6 Rock right forward, recover weight to left
7&8 Step right back, step left in place beside right, cross right over left

ROCK SIDE LEFT, RECOVER, LEFT CROSS-SHUFFLE, ¼ LEFT STEP RIGHT BACK, ¼ LEFT STEP SIDE LEFT, RIGHT CROSS-SHUFFLE

1-2 Rock left side left, recover weight to right
3&4 Cross left over right, step right side right, cross left over right
5-6 ¼ left (3:00) stepping right back, ¼ left (12:00) step left side left
7&8 Cross right over left, step left side left, cross right over left

STEP SIDE LEFT, RIGHT TOUCH, RIGHT CHASSÉ ¼ RIGHT, PIVOT ½ RIGHT, LEFT CHASSÉ

1-2 Step left side left, touch right (toe) in place beside left
Optional: click fingers
3&4 Step right side right, step left in place beside right, ¼ right (3:00) step right forward
5-6 Step left forward, pivot ½ right (9:00)
7&8 Step left side left, step right in place beside left step left side left

RIGHT ROCK BEHIND, RECOVER, RIGHT CHASSÉ, LEFT ROCK BEHIND, RECOVER, LEFT CHASSÉ ¼ LEFT

1-2 Rock right behind left, recover weight to left
3&4 Step right side right, step left in place beside right, step right side right
5-6 Rock left behind right, recover weight to right

7&8 Step left side left, step right in place beside left, $\frac{1}{4}$ left (6:00) step left forward

PIVOT $\frac{1}{2}$ LEFT, RIGHT SHUFFLE, PIVOT $\frac{1}{2}$ RIGHT, ROCK SIDE LEFT, RECOVER, CROSS

1-2 Step right forward, pivot $\frac{1}{2}$ left (12:00)

3&4 Right shuffle forward

5-6 Step left forward, pivot $\frac{1}{2}$ right (6:00)

7&8 Rock left side left, recover weight to right, cross left over right

REPEAT
