

# Nothin' At All

**COPPER KNOB**  
BY STEPHEN METZ

拍數: 24      牆數: 4      級數: Beginner  
編舞者: Lotte Boysen  
音樂: Life Don't Have to Mean Nothin' at All - Joe Nichols



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## **SIDE RIGHT, BEHIND, SIDE, CROSS, ¼ TURN LEFT, SIDE ROCK, LEFT CROSS SHUFFLE**

1-2            Step right to the right side. Cross left behind right  
3&4           Step right to the right side. Cross left over right. Step right to right making ¼ turn left  
5-6            Rock left to left side. Recover onto right  
7&8            Cross left over right. Step right to the right side. Cross left over right

## **RIGHT ROCK CROSS, LEFT ROCK CROSS, FORWARD MAMBO, BACK MAMBO.**

1&2            Rock right to the right side. Recover onto left. Cross right over left  
3&4            Rock left to the left side. Recover onto right. Cross left over right  
5&6            Rock right forward. Recover onto left. Step right beside left  
7&8            Rock left back. Recover onto right. Step left beside right.

## **STEP ½ PIVOT LEFT, RIGHT LOCK STEP, ROCK STEP, COASTER CROSS**

1-2            Step forward right. Pivot ½ turn left  
3&4            Step forward right. Lock left behind right. Step forward right  
5-6            Rock left forward. Recover onto right  
7&8            Step back left. Step right beside left. Cross left over right

**REPEAT**

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