

Nothing At All

COPPER KNOB
BY STEPHEN METZ

拍數: 32 牆數: 4 級數: Improver
編舞者: Rachael Pugh (UK) & Jan Brookfield (UK)
音樂: When You Say Nothing at All - Paul Overstreet



ROCK BACK, ROCK FORWARD, SHUFFLE FORWARD

1-2 Rock back on left, rock forward on right in place
3&4 Shuffle forward on left, right, left

½ TURN SHUFFLE, ROCK BACK, ROCK FORWARD

5&6 Make ½ turn left, shuffling right, left, right
7-8 Rock back on left, rock forward on right in place

KICK-BALL-STEP, SHUFFLE FORWARD, ¼ PIVOT LEFT, CROSS SHUFFLE

9&10 Kick left forward, step back slightly on ball of left, step forward on right
11&12 Shuffle forward left, right, left
13-14 Step right forward, pivot ¼ turn to left (weight now on left)
15&16 Cross right in front of left, step on left to side, cross right in front of left

SIDE-ROCK, SAILOR STEPS TWICE, STEP BEHIND, UNWIND ½TURN

17-18 Step left to side, rock onto right in place
19&20 Step left behind right, rock onto right to side, rock onto left in place
21&22 Step right behind left, rock onto left to side, rock onto right in place
23-24 Step left behind right, unwind ½ turn to left

SHUFFLE FORWARD, KICK-BALL-TOUCH, PENDULUM SWITCHES, BEHIND ROCK STEP

25&26 Shuffle forward on right, left, right
27&28 Kick left forward, step slightly back left, touch right toes to side
&29 Step on right in place, touch left toes to side
&30 Step on left in place, touch right toes to side
31&32 Step right behind left, rock onto left in place, step right to side

REPEAT
